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Rosemary Allison presents

Fine Luxury Estates *Collection*



750CaminoTierraSanta.com | Camarillo | \$4,498,000

Nestled in the Camarillo Foothills adjacent to the Spanish Hills Country Club and facing the Pacific Ocean lies Villa Boehm, a European masterpiece completed in 2008. Beyond the gates you will discover this extraordinary estate which has been created with over 30,000 feet of stone in nearly 12,000 square feet of sumptuous living space. This includes 1,894 square feet of indoor/outdoor living space, and 1,153 square feet of garage space. This estate is graced with 2.75 acres of views, all built with exquisite taste and attention to every detail for the most discerning eye. Luxurious, exquisite, distinctive, prestigious... mere words cannot describe this incredibly breath-taking property. With over a million dollars invested in fine custom finishes and luxurious amenities and a million dollars devoted to hard-scape and water features, there is over 600 feet of panoramic frontage spanning from the Conejo Mountains to Point Mugu State Park to the Pacific Ocean, including the striking views of the Channel Islands.



2901Peninsula.com | Oxnard | \$335,000

This one bedroom residence has incredible views. Highly desirable west-facing sunny location with views out to the Marina, Ocean and Islands beyond. This premium location accessible with building elevator, offers a secluded patio off both the living room and bedroom. The resort-like amenities include three pools, a spectacular waterside clubhouse, Spa, saunas, gym, tennis and more. Halfway between Malibu and Santa Barbara. This development offers the best view for the best value at the beach! In our opinion, Channel Islands Waterfront Homes is the most economical option for a beach getaway, second home, retirement, first-time buyer or a place to call home forever. Nearby is a weekly Farmer and Fisherman's Market, summer concert series in the park next door and a lively calendar of special events. The Maritime Museum, a community center and live theater offer year-round cultural activities. Scenic sidewalks line the harbor and water activities include paddle boarding, kayaking, surfing, sport fishing, diving, sailing and more. Five of the Channel Islands are right off our coast making this a boater's paradise. Board Island Packers for a wildlife excursion to the Channel Islands National Park or cruise about the harbor on the Scarlett Belle Paddlewheel or on a rented electric boat. Located on the Coast, halfway between Malibu and Santa Barbara and boast uncrowded soft-sand beaches in a quiet-laid-back coastal atmosphere with a mild Southern California climate. According to the Washington Post, Ventura County as the "#1 Most desirable place to live in America."



11060Hildreth.com | Santa Rosa Valley | \$1,829,000

Fabulous estate in gated community with impeccable craftsmanship throughout. Connecticut style estate offers great space, sophisticated charm, masterfully designed with double door entry lead you into this remarkable home on over an acre, where volume ceilings, crown moldings and beautiful. Fantastic views from almost every window. The main floor boasts a beautiful huge kitchen with granite island counter, eat-in kitchen. Spacious family room and a separate living room area, formal dining room, dedicated office, billiard room with walk-in wet bar, large dedicated future wine closet. Downstairs bedroom with full bath. Secluded Upstairs master bedroom has separate seating area, large walk-in closet and work out room. Huge Master bathroom. Upstairs there are three secondary guest bedrooms with their own ensuite bath. Entertainers useable backyard complete with swimming pool. 4 car garage plus RV garage. Offered at only \$1,829,000



2792Redondo.com | Santa Rosa Valley | \$2,795,000

Santa Rosa Valley Estate. This 10 Bedroom, 12 Bath estate is perfect for multi-generational living as well as lavish corporate entertaining. Gracious formal dining room, family room and formal living room. Spectacular craftsmanship and quality. Wood floors, crown moldings, leaded & beveled glass windows & imported iron & crystal chandeliers can be found on the main level. The granite center island kitchen has chefs kitchen with Viking Oven Range with commercial quality hood, Wine chiller, huge granite island. The FLEXIBLE FLOOR PLAN also includes 1 bedroom, & separate office on the main level. Upstairs, a spacious master suite w/ attached marble bath, huge walk-in closet, fireplace, sitting room & private balcony. The 2-bedroom GUEST APARTMENT has a full kitchen w/Sub-Zero, fireplace, balcony & pvt. laundry. ENDLESS ENTERTAINING POSSIBILITIES in the almost 1,200 sq ft Great Room w/French doors opening to English Garden court yard. The highlight of the Great Room is the Professionally equipped bar which opens to the truly resort style pool/spa w/waterfalls. The Park like grounds also include a 1 BED, 1 BATH POOL CABANA, gazebo, basketball sport court and fire pit. The most exquisite quality and detail for the most discerning Buyer. Offered at \$2,795,000.



If one of your New Year Resolutions is to sell your home in 2018, then NOW is the time to call / text Rosemary @ 805.479.7653

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exquisite homes • extraordinary settings • exceptional values



9AltamontWay.com | *Camarillo, Ca.* | **\$929,000**

Top of Camarillo Heights ridge with 180 degree panoramic views of the coastline and islands. Formal living room with fireplace. Remodeled gourmet kitchen with center island and Granite counters. Large master bedroom has remodeled bath, granite counters, custom walk-in closet with organizers, large soaking tub and separate shower. The home has fresh paint, wood and travertine floors, newer carpeting, dual pane windows. Wood shutters and recessed lighting. Beach entry swimming pool and spa, covered patio, large wood deck with second story for sunbathing pleasure. Driveway has pavers, tile roof, 2 car garage with cabinets.



4127Clubhouse.com | *Somis* | **\$1,999,000**

Architecturally stunning single story pristine Tuscan renaissance style Villa is graced with breathtaking views of the fairway on one of California's top-rated Golf Courses. on the Saticoy Country Club golf course in Somis. Estate has indoor/outdoor space meld into perfect blend of intimate & luxurious living. One-of-a-kind Tuscan Villa tucked into the hillsides overlooking the fairway on one of California's top-rated Golf Courses Located in the exclusive community of Saticoy Highlands is this amazing new single-story estate that spans over 5100 square feet. Designed with luxury elements & comfort this home captures views from virtually every room. Serenity, privacy, sunrise, sunset luxury at its finest True gourmet chef's kitchen with copper sinks and huge island with free standing commercial stainless-steel range, and a built-in refrigerator/freezer. Smooth walls and ceilings finished with exposed beams provide a warm and elegant feel as you move from room to room. The master suite designed to pamper and spoil. Serene master retreat oasis, 3 additional ensuites + wood study are gorgeous. Perfect for entertaining family and friends, this discriminating home not only features; an open floor plan, vaulted ceilings and spacious living room with large stone fireplace, The luxurious, professionally landscaped, beautiful garden boasts an outdoor covered kitchen/entertainment area, in ground spa, putting green, and more. This estate is mesmerizing! Located minutes from quality shopping, dining, beach & excellent schools-a perfect opportunity to enjoy the good life when only the best will do!



11060LasPosas.com | *Santa Rosa Valley* | **\$1,349,000**

JEWEL BOX of Santa Rosa Valley. One story residence located in the gated Las Brisas Estates. Generous acre usable lot on a cul-de-sac street in a wonderful neighborhood setting. This home has a spacious living room with formal dining room. The gourmet kitchen with magnificent granite counter tops, and newer appliances has everything you need to cook the meal of your dreams. An attached eat-in kitchen area for your informal meals or a snack. Large master bedroom suite with vaulted ceiling, remodeled luxurious master bath with separate shower and whirlpool tub. Remodeled and expanded huge master bedroom walk in closet with custom cabinetry. Gorgeous panoramic views, and orchard. Basketball court. Four bedrooms, each with their own en-suite bath. Indoor laundry room. Three car garage. Equestrian zoned. Santa Rosa Valley is where magnificent homes rest amidst nature's most perfect setting, located within minutes of Westlake Village, Hidden Hills, 101 Freeway providing a uniquely charming relaxed lifestyle, located close to award winning SRTMS magnet school, freeways and shopping. Offered at only \$1,349,000



6849AvianoDrive.com | *Camarillo, Ca.* | **\$1,149,000**

Within the coveted borders of Camarillo, this sumptuous, estate shines like a rare jewel. Indoors, the gracious interior invites the outdoors in and lead you to your own five-star resort pool and entertaining spaces. Enjoy timeless, traditional design, crafted from the finest materials. Combined with an idyllic climate, this is the essence of California living. This impressive, refined estate truly shines in the details. The lavish pool, and outdoor patios begs you to entertain your lucky guests. Surrounded on a large lot with complete privacy! The moment you step inside you will be welcomed with fresh upgrades throughout. Beautiful natural light flows throughout this custom home accented by the high vaulted ceilings, creating a relaxed elegance. The kitchen has been newly remodeled and is complete with granite countertops, garden window, subway backsplash, and custom cabinets. The kitchen opens up to the casual dining and family room, perfect for entertaining. Unwind in the Master suite featuring a walk in closet, dual vanity, luxurious bath tub, European inspired "wet room" with large shower, and brand new deck overlooking the backyard. Enjoy all the modern features of today with a thoughtfully-curated design destined to stand the test of time and impress throughout the years. Four bedrooms, one downstairs with full bath. Built to take full advantage of its relaxing setting. The lavish pool, and outdoor patios and loggia begs you to entertain your lucky guests. Surrounded by views and lush grounds, every day here is a vacation. Close to freeway access. Offered at: \$1,149,000

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ON THE COVER:
Cathy Fedoruk

IconicFocus Models
NYC/LA

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Diana Ragland

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Top 400 Advisors in America —*Financial Times*

FRONT, LEFT: **Seth Hays**: Executive Director, Financial Advisor; **Barry Garapedian**: Managing Director—Wealth Management, Financial Advisor; **Gregory Givwin**: Senior Vice President, Financial Advisor; BACK, LEFT: **Anna Quirino-Miranda**: Client Service Associate; **Carlos Garcia**, Financial Advisor; **Elisa Decker**: Assistant Vice President, Relationship Manager; **Stephanie Hartmire**: Senior Registered Service Associate; **Clint Spivey**: Relationship Manager; **Lanelle Morin**: Client Service Associate

Seth Hays

Forbes Top Next-Gen Advisor (#2 in CA and #16 in USA)

Top 40 Under 40 —*On Wall Street*

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The Financial Times Top 400 Financial Advisors is an independent listing produced annually by the Financial Times (March, 2017). The FT 400 is based on data gathered from advisors, broker-dealer home offices, regulatory disclosures and the FT's research. The listing reflects each advisor's status in six primary areas: assets under management, asset growth, compliance record, experience and online accessibility. The award does not evaluate the quality of services provided to clients. The rating may not be representative of any one client's experience and is not indicative of the Financial Advisor's future performance. Neither Morgan Stanley Smith Barney LLC nor its Financial Advisors or Private Wealth Advisors pays a fee to The Financial Times in exchange for the rating. Source: Forbes Magazine (July, 2017). Data provided by SHOOK TM Research, LLC. Data as of 3/31/17. SHOOK considered Financial Advisors born in 1980 or later with a minimum 4 years relevant experience, who have: built their own practices and lead their teams; joined teams and are viewed as future leadership; or a combination of both. Ranking algorithm is based on qualitative measures: telephone and in-person interviews, client retention, industry experience, credentials, review of compliance records, firm nominations; and quantitative criteria, such as: assets under management and revenue generated for their firms. Investment performance is not a criterion because client objectives and risk tolerances vary, and advisors rarely have audited performance reports. Rankings are based on the opinions of SHOOK Research, LLC, which does not receive compensation from the advisors or their firms in exchange for placement on a ranking. The rating may not be representative of any one client's experience and is not indicative of the Financial Advisor's future performance. Neither Morgan Stanley Smith Barney LLC nor its Financial Advisors or Private Wealth Advisors pays a fee to Forbes or SHOOK Research in exchange for the ranking. For more information see www.SHOOKresearch.com. On Wall Street's Top 40 Under 40 asks brokerage firms to nominate their top young brokers. Of those nominated, On Wall Street bases its rankings on quantitative and qualitative criteria. Financial Advisors are ranked by their annual trailing-12 month production (as of Sept 30, 2014). The rating is not indicative of the advisor's future performance. Neither Morgan Stanley Smith Barney LLC nor its financial advisors pay a fee to On Wall Street in exchange for the rating.

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We're celebrating a 30-year milestone anniversary in this exceptional *Out of Africa* Cover Story. In June 1988, **Cathy Fedoruk** made her sensational debut on the cover of American Vogue. It was a life-changing achievement. Little did we know back in 1988, though, how Cathy Fedoruk would metamorphosize into one of the most exceptional women of our generation. Authentic, courageously honest, without vanity, and grounded in a value system that is the key to escaping a superficial life – Cathy radiates truth and substance. For the first time in this cover story, Cathy opens up about something painful from her past. Immerse yourself in her in-depth story on Page 46.

Brenda Epperson, our January 2017 cover model, brought up the idea of doing an epic **African Safari** together. Two days later, Deborah James said that she and her son were ready to venture into the African wilds. It took zero seconds for me to agree to put the trip together. By March 2018, we all landed in warm, sunny South Africa – ready to immerse ourselves in a world so wondrous that speechlessness superseded any articulation of the impact the continent had on our group. I shall never forget the joy on their faces as they saw their first wild African elephant. The majesty and peace of Africa swept us away – and evoked emotions we never knew we had. Enjoy our 10-page Travel section on Page 110.

In a rapidly changing, technology-driven world, Larry Crane gives us a fascinating insight into the **future of urban transportation and the autonomous automobile**. Consider the world in 2050 with 9.6 billion inhabitants using 530 million electric cars on the road. Norway, France, India and China have already announced their plan to discontinue the manufacturing and sales of conventional vehicles by 2025-2030 and to refill those production lines and sales facilities with electric-powered replacements, though at least a portion of the electricity required may be produced by some form of fossil fuel. You get the gist of where Larry is going with this article. It's fascinating and exciting. Read it on Page 28.



Jordan, Olivia & Georgia Nel, Jeremy Nel, Annette Cowley-Nel and Di Addison Lyle on Safari in Africa

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 WORLDVENTS 07.18

THE MATCH THAT CHANGED HISTORY HARRY AND MEGHAN

The USA and Britain have always shared a special relationship, but none compares to the history-making qualities of the marriage of American Meghan Markle into the 1000-year-old British monarchy. The union of Prince Harry and Meghan spoke volumes about the progressive and humane changes that have taken place in the last 20 years. Perhaps the human crashes from the past have taught the British royals that love knows no boundaries and that neither class, financial status, culture, previous marital status, celibacy or race can determine its viability.



Official wedding portrait courtesy of Alexi Lubomirski



Amal and George Clooney
Image Source: Getty Images / Ian West



Doria Ragland, Mother of the Bride
Image Source: Getty Images / Ian West

Harry fell in love with a woman whose intelligence, compassion and empathy won over the hearts of the Windsors and the world. The beautiful marriage service at St. George's Chapel at Windsor Castle embodied all that is important: the genuinely evident love of two people who looked into each other's eyes deeply and meant their vows; the sensitive inclusiveness of race and culture in the choice of preachers, choirs and music. Most importantly, Meghan Markle made a huge statement by walking half way down the aisle on her own. She was then joined by Prince Charles, who showed the nervous bride immense affection as he walked her towards her waiting Prince. For anyone who might be cynical about the state of the world, the marriage of the new Duke and Duchess of Sussex was a window into a substantially better world of tolerance, inclusivity and above all – love.



Serena Williams and Alexis Ohanian
Photo by Gareth Fuller - WPA Pool/Getty Images



Idris Elba with fiancée Sabrina Dhowre
Photo by Gareth Fuller - WPA Pool/Getty Images



Harry and Meghan getting into their vintage e Type Jaguar
AFP/Getty Images Photo



Sharon Segal ♥ Nina Segal

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Oaks Christian School Legacy Gala Dinner Auction

Oaks Christian School celebrated their Legacy Gala Dinner Auction April 28 at the elegant Ronald Reagan Presidential Library in Simi Valley. The star-studded event featured former US Secretary of State General Colin Powell (RET.) sharing inspirational stories of his life's journey as a son of immigrants to his service under four presidential administrations. Over 600 guests attended and celebrities included boxing legend Sugar Ray Leonard, Grammy award-winning producer and songwriter Jimmy "Jam" Harris, actor Ray Parker, Jr., actor Rob Riggle, and singer-songwriter Paul Anka. *(Continued on page 22)*



OCS Head of School Rob Black with Sondra Black & General Colin Powell.
Photo by Blanca Schnobrich



Ray Parker, Jr & Elaine Parker
Photo by Cornerstone Photography



OCS alum (Class of 2010) and
NFL football player Cassius
Marsh, San Francisco 49ers
Photo by Cornerstone Photography



Singer-songwriter Paul Anka
serenades the crowd with an OCS-
styled rendition of "I Did it My Way."
Photo by Cornerstone Photography

Our goal is to help you pursue yours. It's that simple.

Your goals are what really matter. That's why we'll take the time to understand what's most important to you: your family, your work, your hopes and dreams. Then we can help you get ready for the future with a financial strategy that's designed just for you.



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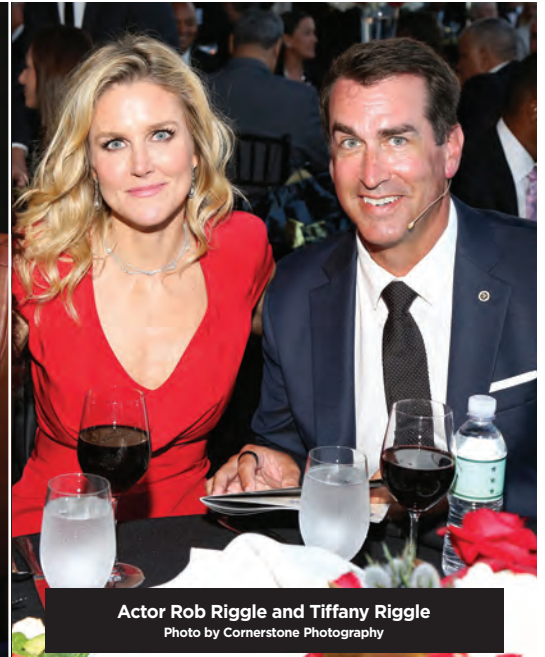
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Oaks Christian School Legacy Gala Dinner Auction



Actor Rob Riggle interviews General Colin Powell
Photo by Cornerstone Photography



Actor Rob Riggle and Tiffany Riggle
Photo by Cornerstone Photography



Mark & Michelle Hiepler, OCS Board Member (Law Offices of Hiepler & Hiepler)
Leslie Landon Matthews & Brian Matthews, OCS Board Member
Photo by Cornerstone Photography



OCS Director of Bands Ryan Kelly & wife, Trish, with son Lance Corporal Aidan Kelly, USMC, (OCS Alum Class of 2014) share a special moment with General Colin Powell
Photo by Brandy Lazar



Jimmy "Jam" Harris & Sugar Ray Leonard
Photo by Cornerstone Photography



Kimberly & Farshad Fardad
Photo by Brandy Lazar

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Jenna Kaye
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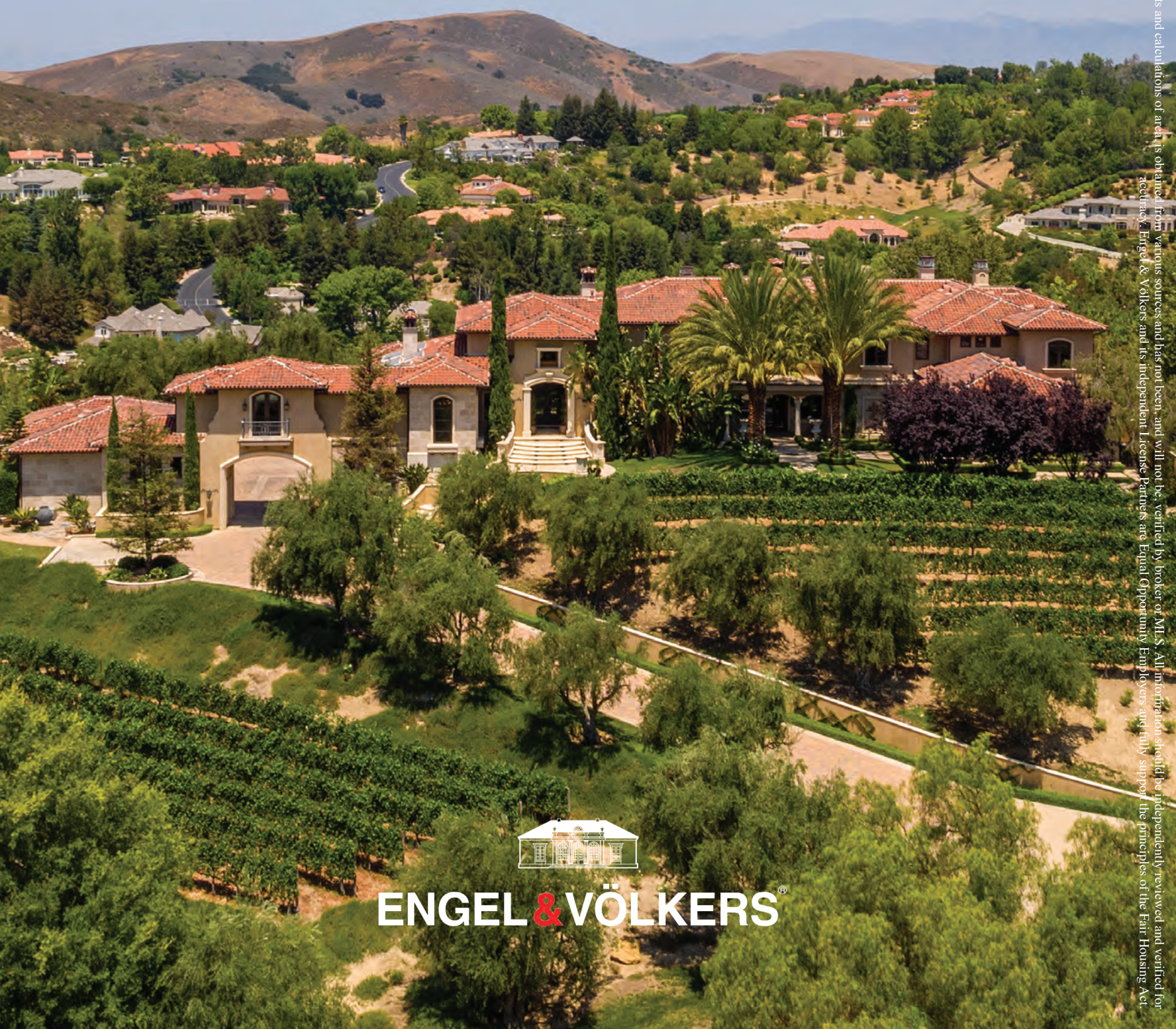
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Petersen Automotive Museum



Autonomous

"I don't need you; I've got this!" — *The Car*
The future of the automobile as we don't yet know it — *Stand by...*

By Larry Crane

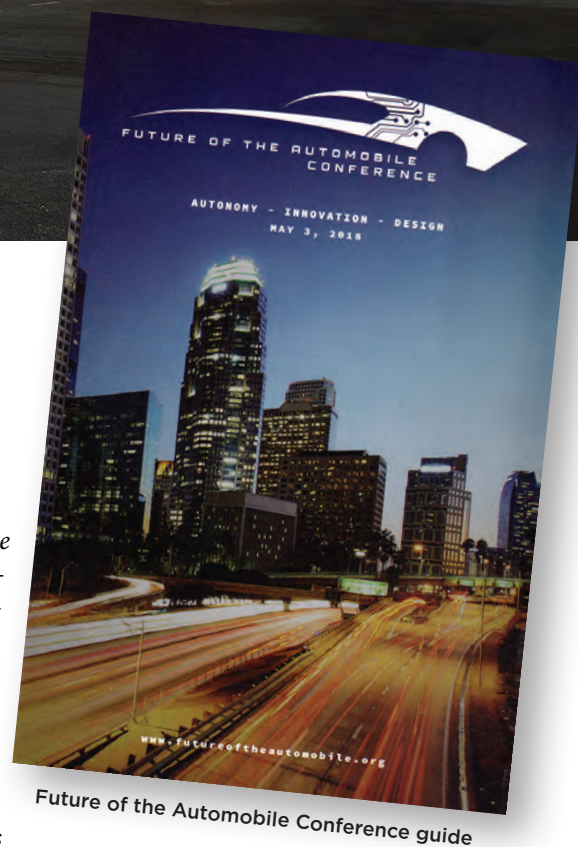
The Future of the Automobile conference at the Petersen Automotive Museum was presented in partnership with the Los Angeles World Affairs Council.

The Los Angeles World Affairs Council includes significant figures from the worlds of business, philanthropy, education, medicine, the arts, government, the non-profit sector, aerospace, entertainment and technology, amongst others. They represent all ages, races, religions, and walks of life -- a microcosm of the cultural diversity to be found in Los Angeles. What binds them together is a common interest in world affairs, a shared desire to examine every facet of the important issues we face, and a **will- ingness to hear opposing points of view with grace and civility.**

The Petersen Automotive Museum celebrates automobile history with a clear-eyed look toward the future. From its breathtaking new

public face to the futurist ArtCenter College of Design degree-credit studio on public display, The Petersen is L.A.'s vortex of enthusiasm for the subject in all its broad range of characterizations: history, art and the future.

The Future of the Automobile Conference was a confluence of intellectual power, inspiring confidence in the successful protection of our fragile planet and its continual progress in education, ascent out of poverty and a broad range of new options in mobility — both



PHOTOS COURTESY OF PETERSEN AUTOMOTIVE MUSEUM AND LA WORLD AFFAIRS COUNCIL



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Panel, Perspectives on the Future: (l-r) Terry McCarthy, Jeff Cole (standing), Dan Eberhart, Stefan Krause, Kent Kresa (behind Cole), Dakota Semler, Ryan Westrom, Brian Witten, John Rossant

cultural and physical.

No matter where various pundits place “the heart of the automobile industry today,” its soul has always been securely — and enthusiastically — in the Los Angeles basin. The average car is parked 95 percent of the time. Fourteen percent of Los Angeles County’s land area is devoted to parking. But for those of us of, perhaps, the last generation of car enthusiasts in Los Angeles, Terry Kargas, Executive Director of the Petersen Museum, in an informal chat with the author, described his recent visit to China and the Beijing Motor Show — now Auto China. It is a compelling look at the new century. China currently produces nearly one third of the cars and commercial vehicles made each year. The United States is second at 11.5 percent. Kargas repeated a comment by a Chinese executive who described their latest products as having the ability to be autonomous, but including a selector that gives analog devotees access to extraordinary driving satisfaction. My heart swelled with hope for our car guy future, too.

The first voices from the dais introduced the *raison d’être* of such a gathering of the most powerful intellects and achievers on the subject — RIGHT NOW! We, the automotive culture, owe a debt of gratitude to: Terry McCarthy, President and CEO, LA World Affairs Council, Peter Mullin, Chairman of the Board of Directors, Petersen Automotive Museum and Terry Kargas.

Here are a few brief comments on the future of urban transportation and the autonomous automobile from some of the most powerful, best informed intellects on our subject — the event’s opening panel:

In league with the expanding developing-world initiatives of several educational foundations, Jeff Cole founded the World Internet Project as a vital resource in both the intellectual advances and accelerating mobility of that exciting world.

Switching Gears: The Petroleum-Powered Electric Car, Dan Eberhart’s latest book (offered for free) explains future world-wide power use, production and delivery in detail. Consider the world in 2050 with 9.6 billion inhabitants using 530 million electric cars on the road. Norway, France, India and China have already announced their plan to discontinue the manufacturing and sales of conventional vehicles by 2025-2030 and to refill those production lines and sales facil-

ities with electric-powered replacements, though at least a portion of the electricity required may be produced by some form of fossil fuel. China produces nearly one third of the cars and commercial vehicles made each year. The United States is second at 11.5 percent.

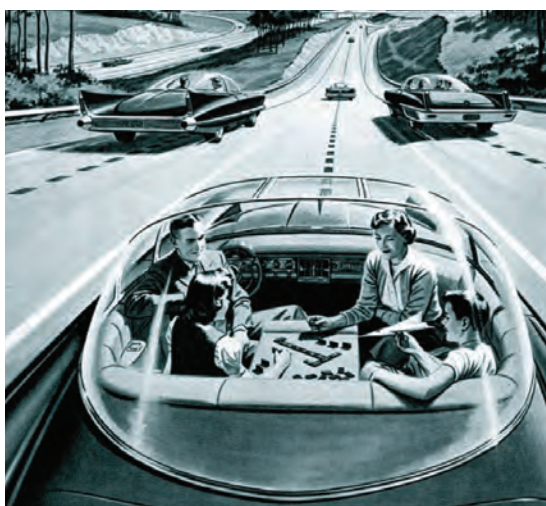
“Over time battery packs and electric motors will not offer a potential for differentiation anymore,” suggests Stefan Krause of EVelocity. “The technology is evolving and that will be a commodity... the team at Canary wants to develop an American boutique, native EV brand. That’s what we’re all about. We believe that the engineering and design skills are going to be the core ones, not the manufacturing ones.”

On the other hand, “We have spent more than a century in an emotional relationship with a transportation tool,” Ryan Westrom of Ford Smart Mobility’s Greenfield Labs reminds us, “We are now at a time when smart vehicles are becoming a vital component of a smart culture.” While Detroit muscle cars may still be found in L.A. garages — even just for ‘garage therapy’ — we are already unlikely to be driving them to work in freeway traffic, but the Association of California Car Clubs will lobby hard to permit limited use.

“Conditions are coming together that we think make this the right timing for the trucking industry,” said Dakota Semler, founder of Thor (electric) Trucks, “I am from a multi-generational family of fleet operators and we actually ran [diesel] trucks. Our fleet of 300 trucks were forced out of compliance. We’re part of the problem. It is a clear economic case. Our industry will be first with the largest percentage of autonomous vehicles.”

Paul Rosa concurred, from his perspective as the senior vice president of procurement and fleet planning for Penske Truck Leasing and its fleet of 270,000 vehicles, now beginning to change the world; while the Teamsters make plans to be a critical component in that change according to Doug Bloch, political director of the organization’s Joint Council 7.

LA CoMotion is the annual conference and event on new mobility taking place every November in Los Angeles. It is produced by John Rossant, Chairman of NewCites, who previously created the famous World Economic Forum in Davos, Switzerland. John successfully assembled heads of state and leading CEOs from around the world to de-



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Panel, AV Tech and Design: (l-r) John Hotchkis, Jr., Mounia Ziat, Jason Wilbur, Stewart Reed

bate our financial future. Now he tells us: “Fasten your seat-belts, it’s going to be a bumpy ride for the next 15-20 years. The accelerating urbanization of the planet which is headed from 50% to 75% of the population living in cities only makes the search for better mobility solutions more urgent.”

Brian Witten, Senior Director of Symantec Research, works on cyber security, but gives little hope for security in the internet of things. “...there is no silver bullet” in cyber protection. Autonomy is only as autonomous as the international hacking rings will allow it to be. A vast fleet of interconnected, nation-wide corporate transportation modules might be disrupted — controlled — by a single hack... It is a constant search, an anti-logarithm logarithm.

In an urban atmosphere it is no longer necessary to own an automobile. Even in car-centric Los Angeles, ride-share programs are already available in virtually every corner of the great basin. The executive summary of RethinkX, a think tank deeply involved in research into future planning, describes their results, “We are on the cusp of one of the fastest, deepest, most consequential disruptions of transportation in history. By 2030, within 10 years of regulatory approval of autonomous vehicles (AVs), 95% of U.S. passenger miles traveled will be served by on-demand autonomous electric vehicles owned by fleets, not individuals, in a new business model we call “transport-as-a-service” (TaaS). The TaaS disruption will have enormous implications across the transportation and oil industries, decimating entire portions of their value chains, causing oil demand and prices to plummet, and destroying trillions of dollars in investor value — but also creating trillions of dollars in new business opportunities, consumer surplus and GDP growth.

The disruption will be driven by economics. Using TaaS, the average American family will save more than \$5,600 per year in transportation costs, equivalent to a wage raise of 10%. This will keep an additional \$1 trillion per year in Americans’ pockets by 2030, potentially generating the largest infusion of consumer spending in history.”

There was a delightful conversation between two giants in the world of creativity. Franz von

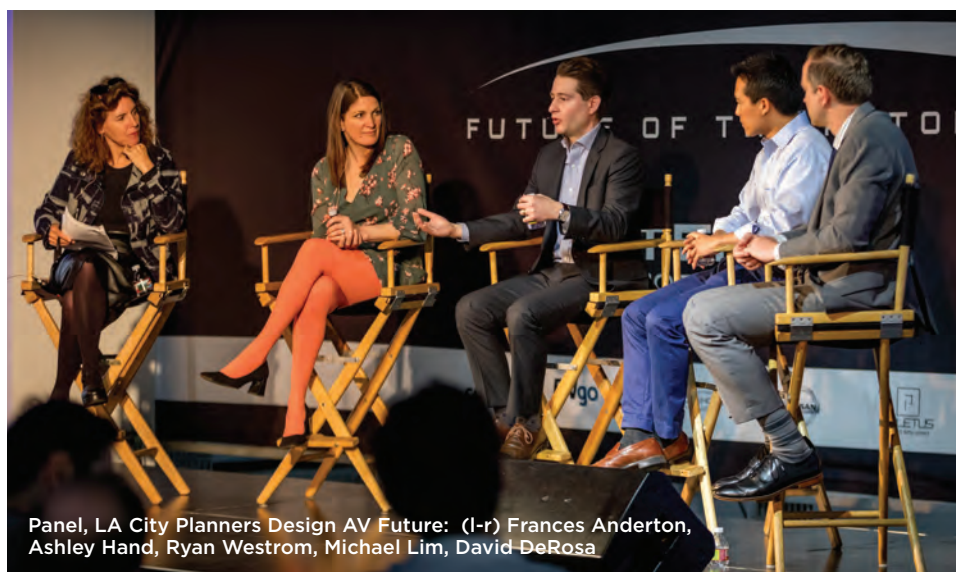
Holzhausen, chief designer for Tesla (where he began before there was a Tesla) is justifiably proud of the vehicles he has created from clean sheets of paper. His elegantly sculpted Model S is now six years old and continues to cause excitement in corporate show rooms with only minor detail revisions. It is instantly recognizable as The Tesla and that alone is a remarkable accomplishment with such a simple form. His co-panelist was Jay Ward who created the “characters” in Pixar’s fabulously popular *Cars* movie. He reminded his spellbound audience, “We were the first with self-driving cars!”

The panel assembled to discuss ‘Cutting-Edge Technologies’ seemed to have come down from Olympus to give us ‘The Scientific Truth’ about our urban future. They included city planning, building designs, Intel’s own Jill Sciarappo described the growing challenges with the “internet of things,” that will include all transportation as well as counter-top kitchen appliances. Panasonic CityNOW loaned us George Karayannis to describe the construction of smarter city structures and their integration into the cloudy realms of that incomprehensibly complex — and vulnerable — internet of things. And Rishabh Sharma, founder of Poletus, explained how they are leveraging emotional and cognitive artificial intelligence to improve our lives among the seemingly inexplicable new sciences. But he suggested we need to refocus our artificial intelligence discourse to... “paint a picture of Artificial Intelligence that is not scary but human focused,” to assure us of the system’s fundamental “humanity.” The unification of artificial intelligence, machine learning, aeronautics (remember, Uber is already developing its vertical-takeoff aircraft for speedy ride sharing), controls and robotics was given too little time for Mory Gharis to explain in detail, but we now know Caltech is on the case. Intel, too, is feverishly planning the marketing strategy for all these sciences, under the direction of Jill Sciarappo.

Ashley Hand of CityFi brought together Cisco and Sprint to make Kansas City, Missouri, the most comprehensive smart city in North America. The smart city initiative included the installation of free public WiFi at no cost to the City; deployment of video-as-a-sensor and smart LED lighting; a smart city app; and public kiosks for citizen engagement and access to services along a new 2.2-mile streetcar starter line in the urban core.

Policy design: The street is a public good. Its committed real estate is the conductor for water, sewage, electricity, digital delivery — and transportation.

Transportation planners, technology planners and technologists can collaborate to include automobile guidance as well as power deliv-



Panel, LA City Planners Design AV Future: (l-r) Frances Anderton, Ashley Hand, Ryan Westrom, Michael Lim, David DeRosa



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ArtCenter, Hayes Bushman, ideas

ery through a band near the surface of the pavement. The car receives an electrical charge while traveling above this band, which will recognize the car code and automatically bill the user for the Kw used. It may no longer be necessary to 'house' a car. A city planner can curate an eco system of partners to lead solutions for the new urban challenges. David DeRosa of internationally respected AECOM represented the future of city, country and international Infrastructure project management.

Some of the costs of ride share vehicles shared with Metrolink could be "Club" access to multiple types of cars/SUVs/trucks. Who will own that set of vehicles? "Club" ownership? — OEM fleet management? Some suggest 30-50 years before these changes are in place. At the current rate of accelerating progress, we doubt that. Cars are used only 4% of the time, which gives credence to group ownership or membership. And while we are now only at Level 2 of automation, by the time we reach levels 4 to 6 we will be faced with motion sickness, especially those with opaque cabins or rotated seating. That will certainly have an effect on personal ownership — and, perhaps, relationships.

The "Who will Prevail" panel might be a misnomer. There will still be manufacturing — in great numbers. Detroit knows how to do that and it has learned how to adapt. Already, Silicon Valley is well represented in every vehicle built in Michigan, California, Alabama, Mississippi or... — or Japan, or Germany, England, Ireland or... As countries once seemed lost - advance into the middle class, more personal transportation will be required. Since those developing cultures enter that world after watching it for decades, they may want the absolute independence they have missed for a century. Those people want to be in control. The new types of infrastructure are being designed and efficiently integrated into existing systems — and interconnected to the planet. Some fabulous minds are developing the strategies and operational sciences and securities required to be specifically implemented for new national challenges.

As autonomy reaches reality, the car becomes another entertainment/information delivery pod. 'Mobile media' membership will include a new segment. Production hardware will be designed as a media delivery system with a new trans-pod interior layout. Stewart Reed is Chair of Automotive Design at ArtCenter College of Design, but he is a gifted creator of all manner of products — and patents. His leadership has kept the school's curriculum ahead of the rapidly developing autonomous curve. A walk through the corridors of the school lined with students' fabulously finished project models is the clearest image possible of our near-term and long-term transportation life. While the school classrooms and labs make three-dimensional vehicles on screen, then carve, paint and polish the ideas, the classes watch and debate the future of employment they might disrupt, a new culture it will require and the systems that will transport it.

For example, if an employee has access to a self-driving car can he/she add an hour of contribution to the workday — or subtract an hour of office time? What happens to employment displacement —

might there be a remote controller facility, not unlike the remote pilots for military drones, where 'drivers' have a certain amount of control?

One of the primary focuses of Brave Labs, Inc. is future vehicle design and research. Jason Wilbur is an Outlaw and its CEO; pushing the limits of what is possible while being grounded in solid business practices. He has travelled his own road, formed a singular vision of future mobility and consults with businesses on everything from luxury products to green energy. Mr. Wilbur is active in design education, he holds several patents, and his work has been published and recognized globally. "From futuristic luxury watches to consumer products; from concept cars to alternative vehicles," he informed us, "we approach everything we do with unbridled passion and creative integrity."


Some manufacturers are shifting to an exclusively electric or hybrid strategy, including Volvo by 2019 and Aston Martin by the mid-2020s. Aston may even offer a membership access based on time or distance, and others will follow. The new century mobility is approaching — quickly. We might even enjoy it.



Lunch, curiosity

Mounia Ziat is a haptic researcher (the study of touch and response), who does real-time experimentation in human-computer Interaction, cognitive psychology, and neuroscience. She brings an electronics engineering degree and an MS and PhD in cognitive sciences to the autonomous pod design table. She offered an impassioned presentation of the importance of understanding the space we will occupy while we are swept across the rising and falling landscape — think small boat on a restless sea without any ability to respond, only to experience and try to cope. Our brains will adapt and reconfigure effects on lower organs, but it may take time.

How much will all this science cost? Who will own it? Where will it be when it's idle? Mobility-as-a Service is the operative word. Call it what you like: a membership, a contracted access, an app — the reality is you will be sharing a pod that has been used by your cousin's teenage daughter before

it gets to you. Who will be responsible for its upkeep — read, cleanliness? How will you know about the quality of that process before it arrives at the end of your sidewalk? What will be the levels of service you might be willing to pay for? A purchased app can be programmed and updated to give confidence to many of those questions. All of this can be an integrated international program for business travellers, or an addendum for vacationers. For the top tier of mobility the requirements will be the same around the globe and a step or two down will also be similar in style and expectations. We will learn to adapt. For the foreseeable future we may still want a garage for that hemi Cuda or for that lovely old Enzo-era Ferrari, or your grandfather's Model A Ford family heirloom, but to get across town or to arrive at work on time with that presentation carefully reread and edited we will learn to love that quiet solitude. It's coming, and it won't be long. 

FUTURE OF THE AUTOMOBILE: THE PANELS

WELCOME AND INTRODUCTORY PRESENTATIONS FROM:

Terry McCarthy, President and CEO, LA World Affairs Council

Terry Kargas, Executive Director of the Petersen Automotive Museum

Peter Mullin, Chairman of the Board of Directors, Petersen Automotive Museum

PERSPECTIVES ON THE FUTURE OF THE AUTOMOBILE

Jeff Cole, director, Center for Digital Future at USC's Annenberg School for Communications.

Dan Eberhart, CEO of Canary, an oil and gas company, and author of *Switching Gears: The Petroleum-Powered Electric Car*

Stefan Krause, CEO of EVELOZcity, an urban mobility science resource, former CFO of BMW, Deutsche Bank and electric car startup Faraday Futures

Kent Kresa, a former chairman of GM and member of the Board of Directors at Los Angeles World Affairs Council

Dakota Semler, founder and CEO of Thor (electric) Trucks

Ryan Westrom Mobility Partnerships Lead, Greenfield Labs, Ford Smart Mobility

Brian Witten, Senior Director, Symantec Research Labs, cyber security

John Rossant, Chairman of NewCities Foundation and Chief Curator of LA CoMotion

Moderator: Terry McCarthy, LA World Affairs Council

DESIGNING THE FUTURE

Franz Von Holzhausen, Chief Designer of Tesla automobiles, beginning before there was one

Moderator: Jay Ward, Creative Director at Pixar Animation Studios, "we were first with autonomous cars."

CUTTING-EDGE TECHNOLOGIES

Mory Gharib, Director, Center of Automated Systems and Technologies, Caltech

George Karayannis, Vice President, Panasonic CityNOW, building smarter cities.

Jill Sciarappo, Director of Strategic Marketing, Automated Driving Solutions Division, Intel, led its Internet of Things Solutions Group.

Rishabh Sharma, Founder, CEO and Executive Producer at Poletus, leveraging emotional and cognitive artificial intelligence.

Moderator: August Bradley, *Wind and Machine*, future-tech talk show

FUTURE OF RACING

Rob Chong, Roborace, will autonomous cars replace the human-driven ones, or could they be operated by a driver in the booth with a hand-held controller.

Terry Kargas, Petersen Automotive Museum

Moderator: Jonathan Gitlin, PhD, Ars Technica, postdoc he started writing about the sciences and the remote directions of racing games.

LA CITY PLANNERS DESIGN AV'S FUTURE PANEL

David DeRosa, AECOM, The Future of all forms and sizes of Infrastructure

Ashley Hand, Co-founder of the urban change management firm CityFi, action plan and pilot program for mobility and autonomous vehicle technologies for L.A.

Michael Lim, Global transportation tech and finance advisor for governments, researchers, industry and startups

Ryan Westrom, Mobility Partnerships Lead, Greenfield Labs, Ford Smart Mobility

Moderator: Frances Anderton, DnA, KCRW

FUTURE OF TRUCKING: THE FIRST FRONTIER

Doug Bloch, Political Director, Teamsters Joint Council 7

Paul Rosa, Senior Vice President of Procurement and Fleet Planning, Penske Truck Leasing — 270,000 vehicles

Dakota Semler, Founder and CEO of Thor (electric) Trucks

Moderator: Terry McCarthy, President and CEO, LA World Affairs Council

DETROIT VERSUS SILICON VALLEY: WHO PREVAILS AND WHEN?

Russell Hensley, Senior leader Global Automotive and Assembly, McKinsey & Company, Detroit Office for strategic and operational transformation

Rachel Nguyen, Future Lab, Renault-Nissan-Mitsubishi, testing transportation models in real world settings.

Alex Roy, Founder of the Human Driving Association and Founder/Host of Autonocast, Chairman emeritus of *The Moth*.

Moderator: Paul Lienert, Reuters automobile industry columnist

ETHICS AND REGULATIONS: WHO'S AT THE WHEEL

Jean Shimoto, Director, California DMV

Bernard Soriano, AV Lead, California DMV

Moderator: Aaron Jacoby, Arent Fox, automotive industry practice group

AUTONOMOUS VEHICLE TECHNOLOGY AND DESIGN

Stewart Reed, Chair of Automotive Design, ArtCenter College of Design and founder of Stewart Reed Design, a consultancy to a broad range of industries.

Jason Wilbur, founder and CEO of Brave Labs and Brave Motors

Mounia Ziat, Northern Michigan University, Cognitive Psychology, and Neuroscience.

Moderator: John Hotchkis, Jr., President of Hotchkis Performance

FROM BEIJING TO DUBAI AND LONDON TO L.A.: FUTURE OF CARS AROUND THE WORLD

Erik Antonsson, PhD, CEO, president and co-founder aiPod at Idealab for autonomous urban Mobility-as-a-Service

Michael Dunne, CEO of Dunne Automotive Ltd, investment advisory for autonomous vehicles and mobility services

Moderator: John Rossant, New-Cities & LA CoMotion to promote quality of life and work in cities.

CHALLENGES AND OPPORTUNITIES: AV'S ECONOMIC FUTURE

Santiago Ferrer, Partner and Managing Director, LA office, The Boston Consulting Group

Ted Schilowitz, Futurist, Paramount Pictures for virtual reality storytelling

Evangelos Simoudis, Venture Capitalist, Synapse Partners, book: *Big Data Opportunity in Our Driverless Future*.

Moderator: Kian Gohar, XPRIIZE Foundation & Singularity University

Prolong The Season By Preserving

Extend your summer's harvest and stock your kitchen with garden goodness all year round!

By Model Gardener Kelly Emberg



Summer yields tons of warm-season vegetables. If you grow your own food you are probably inundated with a surplus of tomatoes, cucumbers, squash, peppers and warm-season produce. Trust me, I have shoved, in the unassuming arms of whomever dared to step foot in my house, many overflowing bags of veggies. Even my neighbors, who early in the season gladly welcomed my fresh produce, kindly let me know they have had enough. The challenge is to figure out what to do with the surplus?

Stop worrying about wasting your bounty! There are perks when it comes to a bumper crop! Extend your summer harvest throughout months to come and start preserving now.

PICK AT THE PEAK

First things first: If you want tastier produce pumped with nutrients and moisture with a longer shelf life, harvest early in the day while it is cool. For those early birds, picking your vegetables 6 hours before sunrise is the optimum time. Once the sun hits the fruits and veggies, its pulp's temperature rises. Every 5 degrees of lower temperature when harvested can extend the life of your veggies 3 days. Careful with those tasty homegrown tomatoes. If you pick them overheated, once cooled, you'll find your tomato's texture to be grainy and mushy with less flavor.

CURING YOUR CROPS

Not all vegetables can be cured and stored. Select ones that can like dried beans, garlic, onions, pota-

toes and winter squash. Once harvested and cured, they will keep for months. Curing entails holding your produce at a specific temperature for a short time, then moving them to a cool dry place for storage. Curing in warm temperatures allow outer skins of vegetables to dry and harden prior to storage, preventing rot. It also heals your produce's blemishes and wounds through this process.

For long-term storage of garden vegetables, this is what you need to know:

- To minimize excess moisture, harvest after a few days with no rain.
- Don't harvest too early or too late, only when mature.
- Always pick the best quality specimens for storage.



Butternut Squash and Potatoes

- Avoid bruising or scratching.
- Once harvested, do not let them sit in the sun.

WINTER SQUASH - Curing a butternut squash improves its flavor dramatically. Pick butternut squash when it turns tan and an acorn squash when its underside turns a deep orange, but both will taste so much better once they have been cured a month later.

CURING TEMPERATURES GUIDELINES

- **Garlic And Onions**- between 70 and 85 degrees at 70 percent humidity for two weeks until the necks are dry and tight.
- **Potatoes**- between 55 to 65 degrees and 95 percent humidity for two to three weeks.
- **Sweet Potatoes**- between 85 to 90 degrees and 90 percent humidity for a week.
- **Winter Squash**- between 80 to 85 degrees for two to three weeks at 70 percent humidity.
- **Shelled Beans And Peas**- Shell them when their pods are thoroughly dry. Keep them warm and dry up to two weeks.

Cure your vegetables in shallow and well-ventilated containers, in a covered well-ventilated area, with a steady temperature. A basement, shed or even attic would work.

AIR CURING

This involves drying the moisture out of plant material. Sagebrush, bay leaves, tea leaves, and herbs are ideal to cure. At the end of a season, harvest these plants by cutting the stem at the base and hang the entire plant upside down in a well-ventilated dark shed, barn, or garage for a month to completely dry them out. Or harvest small leaves and stems from the plant, then bundle together to cure and hang in a closet or a dark location.



Potatoes

DEHYDRATION

Dehydration was the earliest form of food curing. Because curing increases the concentration and decreases the water in food, it is impossible for the microbe growth that causes food to spoil. You can dry your produce the good old fashion way by the sun, or you can invest in a dehydrator and not have to wait for the weather.

SUN DRYING

Drying fruit that isn't sweet or completely ripe actually intensifies the sugar content and flavor. When drying in the sun, place your fruit on a rack and space the fruit so they don't touch, then cover them with a double layer of cheesecloth, protecting them from hungry birds and insects. Wait for those hot days and nights when the air is at least 95 degrees to prevent fungus. Daily, turn the fruit over by placing a second rack on



Tomato Slices

top and flipping it over. Dry to desired texture and flavor, then store in airtight containers.

DEHYDRATOR

Electric dehydrators allow you to control the temperature and proper air circulation - making the process foolproof. Save summer herbs, create home-made fruit rollups, dry fruits and vegetables and experiment with flavor combinations.

The Excalibur- The best dehydrator on the market at \$276 on Amazon. This dehydrator has 15 square feet of drying space, several types of non-stick sheets available for 9 trays, which are ideal for drying pretty much anything, including making fruit leather or drying other thick liquids like sauces. The thermostat is adjustable from 105 to 165 degrees Fahrenheit and it has a 26-hour timer. The only drawback is the unit is large and takes up room to store.



Vaistazoles



Warm Season Harvest



Berries



Herb Garden

NutriChef – At \$55 on Amazon, this dehydrator does what you need, but won't break the bank. One button turns it on. Adjustable up to 180 degrees. You can dry a variety of herbs, fruits, and vegetables on five removable and stackable trays.

FREEZE WITH EASE

You can freeze pretty much anything and use at a later date. A great way to extend the season!

TOMATOES

The best way to keep those tasty tomatoes beyond its season is to freeze them! Wash them, cut out the core and into quarters, freeze on a flat surface where the pieces don't touch. Once frozen, store in the freezer in a large, plastic bag. When they thaw, the skins slip off easily.

SMALL BATCHES

Chop peppers, cube summer squash, cut kernels off the cob and harvest whole green beans: put in lidded containers, freeze them, and use in soups, pastas or other dishes through the winter season!

FREEZING FRESH HERBS

Freezing herbs is fast, easy and retains much of the taste, smell and nutrients found in fresh herbs. Not so pretty when thawed for salads or garnish, frozen herbs will retain the flavor of fresh-picked herbs long after the growing season has ended.

Bare

Spread dry, clean whole or chopped leaves onto a baking sheet, freeze overnight, put the frozen herbs into sealed containers.

In Water

Pack ice cube trays with chopped or whole leaf herbs, cover with water and pop into the freezer. Once frozen, transfer cube into a Ziploc bag or airtight container.

In Oil

Remove stems. In a food processor, pulse to blend a cup of fresh herbs with 1/4 cup of olive oil. Transfer into ice cube trays. Once frozen, move cubes into an airtight container.

CANNING

Canning is becoming a lost art. It's easy to run to the grocery store and pick up what you want. But the best thing about canning is you save money, you know what is in your food, and it is a way to prolong the season.

PRESSURE VS. WATER BATH

A water bath canner is basically a large pot that you can boil water in. You can water bath foods like jellies and pickles. Most high acid foods can be water bath canned. Vegetables, meat, poultry require a pressure canner. They must be cooked under pressure for a longer amount of time. Food that is canned provides a shelf life from one to five years.

There are so many ways to extend your summer harvest. Whether you're growing your own or buying it at the farmer's market, it is nice to know you can take control of your food supply by preserving.

Happy gardening! 🌱

Kelly Emborg, the model gardener
For more gardening tips, follow me on
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Short Stories About Big People

By Bob Eubanks

Time for more short stories about big people.

We lost First Lady Barbara Bush recently. What a wonderful lady! A few days after her funeral, President George Herbert Bush became ill. Fortunately he seems to be okay now. I went to a golf tournament in San Antonio, Texas several years ago and I had the honor of spending about an hour with him in a room, just the two of us. He kept asking me questions about the Newlywed Game. I finally said, "Mr. President, what I do is in the toy department. What you have done is really important to the world." He just smiled and said, "Who writes those stupid questions?"

Speaking of important women, I read an article the other day about Queen Elizabeth. It seems that if she's talking to people and her purse is on her right arm, the security people know she's fine. If she moves it to her left arm, they need to interrupt the conversation. If she puts her purse on the floor, she's done. She's outta there!

As you may know, I've put together a one-of-a-kind show entitled *Backstage With the Beatles*. The show features never-before-heard stories and seldom seen photos and videos, all leading up to music by Ticket To Ride, a talented local Beatle tribute band. We'll be appearing at the Fred Kavli Theater in the Thousand Oaks Civic Arts Plaza on Sunday, August 12, 2018 at 7:00pm. Proceeds from the show will go to Youth Soccer DMS11.



We've sold out this show each time we've appeared in Southern California and thanks to great sponsors like Thousand Oaks Toyota, we will have an evening of fun, memories and fantastic Beatles music. I produced all of the Beatle concerts in Southern California during all three years they toured North America. *Backstage With the Beatles* is a truly unique show. Tickets are on sale now at Ticketmaster and the Civic Arts box office.

I like to salute members of our community. If you have a teen that is taking math, boy do I have a treat for you. There's a math tutor in our community who is one of the best ever. His name is Robert Ahdoot and not only is he a great teacher, he reduces the anxiety that math at any level can bring and truly makes it fun. His videos have been viewed over two million minutes a month. He has an extensive mathematics background and has been teaching for over 14 years. You'll find him at the Oak

Park Starbucks every afternoon helping local students become the best they can be. Check out his videos and contact him at robert@yaymath.org.



Bob Byers, a friend of mine, sent me this clip. I thought you'd enjoy it.

Well, there you have it. I'll see you next time. 🍷

www.bobeubanks.com

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CATHY FEDORUK OUT OF AFRICA

STORY BY *Diana Addison Lyle*

MODELING *IconicFocus Models NYC/LA*

CREATIVE DIRECTION *Lori Modugno*

PHOTOGRAPHER *Diana Ragland*

STYLIST *Barbara Pizik barbarapizik.com*

MAKEUP *Helen Robertson/Celestine*
using 'Chanel Palette Essentielle'

HAIR *Helen Robertson/Celestine*
using 'Leonor Greyl Paris'





We're celebrating a 30-year milestone anniversary in this exceptional Out of Africa Cover Story. In June 1988, Cathy Fedoruk made her sensational debut on the cover of American Vogue. It was a life-changing achievement. Her client list during her exceptionally successful modeling career included Vogue, Bazaar, Elle, Glamour, Revlon, Cover Girl, L'Oréal, Vichy, Max Mara, Guy Laroche and George Marciano.

After the birth of her first son, Cathy returned to university. She graduated magna cum laude at New York University in May 2015 with a BA in creative writing and literature. Her poetry, prose and travel reviews have been published in the U.S. and Canada.

After a decade-long hiatus from modeling, Cathy has now returned to the fashion world – proving that women do become progressively more beautiful and fascinating as they come into their own – and discover the kernels of life.

Little did we know back in 1988, though, how Cathy Fedoruk would metamorphosize into one of the most exceptional women of our generation. Authentic, courageously honest, without vanity, and grounded in a value system that is the key to escaping a superficial life – Cathy radiates truth and substance.

She and husband, Keith, divide their time between New York City and Whistler, Canada, with their cherished two sons, Isaac and T.J., and their all-important rescue Beagle, Dusty. Outdoor sports are a big part of their life and some of their favorite activities include mountain biking, hiking, swimming and skiing.

Travel has had an enormous influence upon Cathy. With 6 continents, including 46 countries traversed, Cathy sees and notices special nuances that the average eye does not capture. Her observations are acute and her perceptions are indicative of her profound emotional maturity.

Our sincerest thanks go to IconicFocus Models NYC/LA, and in particular, Lori Modugno, for her passion and expertise. This is a team whose models echo their ethics and professionalism.

Cathy Fedoruk's cover story needs little introduction. Her words carry their own power and the essence of who she is shines luminously from the pages that follow. We couldn't be more proud of her story.

Q: Your childhood was spent in Winnipeg and Vancouver, Canada. Your parents practiced tough love on you when at age 18, they suggested you move out of home and find a job. You began modeling in Toronto and from there, you hit the Big Apple – hostessing and scraping together a few pennies before your modeling career flourished in 1988 when you garnered the cover of American Vogue. How would you describe that intensely productive 15 years of your life as a top model in New York?

CATHY: Success at a young age can be bittersweet. I am grateful for my success, as it provided me with the opportunity to see the world while working with some of the top artists in the fashion industry. It was above and beyond my wildest dreams that I would find myself living in New York City, owning my own apartment and traveling the world in First Class. At the same time I was surrounded by the glamorous fashion world, I was lonely, which consequently thrust me into a marriage that wasn't a sensible match. So on the outside it seemed like I had it all, but I was unhappy, not only because I had a bad marriage, but also, because I was sorting out my past.

Fall in Inner Mongolia is extraordinary. The amber-colored grass glistened as it waved across the endless steppes by day, and at night the sky was illuminated with every star in our galaxy. It was an exhilarating, unforgettable odyssey, and it's where I fell in love with Keith

Q: You met your current husband in New York, and your first vacation together spoke volumes about the kind of man he is and the scope of your compatibility as a couple. He offered you Paris, St. Tropez or a canoeing trip in the Adirondack Mountains. Both of you leapt at the canoeing opportunity. Describe the immensity of your compatibility.

CATHY: When I met Keith I rediscovered how important nature and outdoor life is to me. I grew up fishing and cottaging with my family in Canada. I had a modest upbringing and family trips were driving to a lake or a seaside resort where we would hang out in nature. Keith has a similar sensibility in regards to the outdoors, although he grew up in upstate New York, whereas, I grew up in both Manitoba and British Columbia.

On our first trip together we canoed along the Raquette River for 4 days, which included camping in a tent and a mile-long portage. It was a rustic experience and a far cry from the luxury of the fashion world. We laughed so much and being with him seemed so natural.

After this small adventure, Keith invited me to Asia. Oddly, I had never traveled there before. The closest I'd come to Asia was being featured in a fashion cover story of Japanese Bazaar. On our first date he emphatically explained how he planned to ride across Mongolia in the example of Genghis Khan. I didn't realize at the time that I would be there with him. Keith is a man of his word. Our conversation occurred in May, and in August we were in the Gobi Desert riding with 2 guides, who were from the Mongolian cavalry. Keith had a friend with a sheep farm in Inner Mongolia. He was able to arrange this trip with great ease, as he is fluent in Mandarin, which certainly helped with logistics and communication.

We rode 8 hours a day discovering friendly sheep farmers, sandy chestnut dunes, and the Xilingol Grassland Reserve. We were both novice riders, and had done a refresher class at a small horse ranch in Los Angeles where we also purchased some gear – helmets, riding boots and jodhpurs. Zou Ma, my horse, tested me on our second day. We were trotting, as we'd change up the pace throughout the day, and I misjudged a grassy trough in our path. I was thrown off. We were in the grasslands of Mongolia far from a hospital. Fortunately I was ok – not one scratch on me. I cried in gratitude for my good fortune, and I walked next to Zou Ma for quite some time before I could get back on him. I learned my first real lesson in riding in the middle of the steppes of Mongolia. What choice did I have but to climb back on? Keith had the good sense to insist on buying the pro-

tective gear. Zou Ma and I bonded after this and he listened to my every command for the rest of our journey. I realized that although Keith liked adventure, he was also a sensible man.

Our living conditions were not as rustic as our camping trip, as a yurt was set up for us every evening and our meals were prepared for us too. Fall in Inner Mongolia is extraordinary. The amber-colored grass glistened as it waved across the endless steppes by day, and at night the sky was illuminated with every star in our galaxy.

It was an exhilarating, unforgettable odyssey, and it's where I fell in love with Keith.

Q: You have two sons who are now teenagers. Family has always been a priority in your life and you did much soul-searching in order to solidify your value system before you married again. How have your sons enriched yours and Keith's life?

CATHY: They are everything. It is almost impossible to imagine life without them. It really is a miracle to have a child. I look at them and can't believe that they came from Keith and me. It's the most fulfilling experience we have ever had in our lives. Nothing compares to having children; it is simultaneously the most challenging and rewarding experience. It is a continuous every-changing journey that teaches us flexibility, patience and to be students of life.

Q: Traveling has continued to be immensely nourishing for you and your family. You recently embarked on an epic adventure to Africa. How did your immersion into African life and culture impact you?

CATHY: An African Safari was always a dream of mine, a bucket list item, and last year I turned 50. I figured what better way to celebrate 50 years of life than with the ultimate outdoor experience with my family. Coincidentally, I had recently met Alan Feldstein, the founder of Infinite Safari Adventures, at the New York Times Travel Show. His passion for Africa was exhilarating, and his company was the logical choice to create a one-of-a-kind safari adventure for my family.

Three generations experienced Tanzania together. My boys, who were 12 and 13 years old, my mother and father 69 and 71 respectively, and Keith, my husband. I imagined that it would be a great experience, and in fact it was above and beyond my expectations.

Tanagire is home to the largest elephant population in the north – and boy did we see elephants – zebras, giraffes, impalas, gazelles and monkeys too! There is nothing like seeing a parade of elephants under the enormous baobab trees





One of the key elements I had overlooked was the Tanzanian people. In my mind's eye a safari was about seeing wildlife; however, my family and I would soon learn; it is also about the people.

We began in Arusha, the capital of Tanzania, where we were met by our guide, Muba, who would become part of our family for the next 10 days. We stayed our first night at a converted coffee plantation lodge, as Tanagire National Park was too far a distance to travel late in the evening. My parents claim they had the best coffee ever at Rivertrees Country Inn, and they purchased some to bring home to Canada.

Keith needed a sim card – indeed in the middle of Africa one can surf the Internet. Muba knew where we could find one, and it was in the city center next to the clock tower that marks the center point between Cairo and Cape Town. As I wandered over to it with my boys, there were many young men tagging along. Jambo! (Hello) Karibu! (Welcome!) They were friendly and hoped we'd purchase their wares – a t-shirt, bracelet or English/Swahili language book. The boys had their first bargaining experience, and we negotiated for a basic Swahili book, although English is widely spoken throughout Tanzania, we hoped to learn a little of the national language.

Tanagire is home to the largest elephant population in the north – and boy did we see elephants – zebras, giraffes, impalas, gazelles and monkeys too! There is nothing like seeing a parade of elephants under the enormous baobab trees. I went back in time to when I was a child with my family in the woods of Canada, and we'd spot a moose, a beaver or bear. A nature experience is magical and connects us in a profound inexplicable manner to our earth. However, there was a slight difference here in Tanzania, as the amount of wildlife we witnessed was astounding. Not one or two animals passed by our Land Cruiser; there were hundreds. It was just the beginning of what we were to experience everyday, and somehow Muba knew the whereabouts of the wildlife.

Our first camp was the Tarangire Safari Lodge located on a natural ridge with a breathtaking view of the Tarangire River and its surrounding savannah. The tents had showers and toilets. We were far from roughing it. I called it glamping! At night we were not to leave our tents without a Maasai escort, as wildlife is unpredictable. In fact, my parents had vervet monkeys break into their tent on our first afternoon while we were taking a dip in the pool, which we laugh about to this day. Feel free to check out Keith's YouTube video (Keith Abell Tanzania) if you care to witness the guilty monkey.

On our way to our next camp, we stopped at the Lucas Emanyata, Maasai village, named after the 15-wife chief, as

Maasai are polygamous. The chief's eldest son directed our tour in his circular-shaped village made of mud and wood-rounded huts that formed a protected space in order to prevent predator attacks.

With approximately 1 million Maasai living in Tanzania and Kenya, we got a taste of what life was like for this warrior tribe. They demonstrated how they used sticks, clubs and spears, which our boys found fascinating, as they are martial artists themselves. The boys in return demonstrated their Tae Kwon Do staff forms, and tried out their Maasai spear-throwing abilities. It's not easy.

The Maasai women of the tribe crafted colorful beaded necklaces and bracelets, and we purchased a few by negotiation orchestrated by the chief's son, as none of the women spoke English.

Wealth is measured by the number of cows owned, and their milk is a staple of the Maasai diet. Only on very special occasions is a cow slaughtered. It's the young boys' duty to tend the cattle, and they go where the cows can find food to graze. As we covered hundreds of miles of Tanzania, we'd see boys younger than Isaac and T.J. tending the cattle herds. Today the Maasai are being driven out of their lands, which puts a strain upon their survival and culture. Tourism provides some extra income, but their traditional way of life is being threatened with over-grazed pastures and shrinking lands.

On the shore of Lake Eyasi, a soda lake, we stayed at a 7-tent camp, Kisima Ngeda, which is run by a family of German descent. We were near the Hadzabe, who are not warriors like the Maasai, but rather one of the last hunting and gathering tribes. The Hadzabe live in harmony with the land, and believe that if they look after it the land will reciprocate. They are nomadic and move where food is plentiful. With only 350 living in this manner, and 1200 left in total; we were fortunate to experience a morning Hadzabe hunt.

We arrived before sunrise and were greeted with freshly hunted dik dik and genet. We helped build a fire that was started without the use of a match. The internal organs were offered to us, which Isaac, Keith and my father tried. The Hadzabe men made bandanas from the animal hides, and wore them around their heads for the hunt. Three led us into the bush. The women and children stayed in their camp where a few grass huts provided them with shelter. With a bow and arrow the young men hunted – a speckled mousebird, blue-naped mousebird and a namaqua dove.

Honey is also part of their diet, and the Hadzabe are skilled at harvesting honey high up in the trees where bees nest. After our

In the Serengeti we witnessed the wonderful wildebeest migration. Thousands of wildebeests cross the Serengeti. Crocodiles wait along the Mara River edge in hope of an easy meal. We sat and watched this amazing natural phenomenon an entire morning in the comfort of our vehicle

hunt, we joined the tribe in traditional singing and dancing and our boys tried their bow and arrow skills. I purchased a porcupine quill necklace and the boys' bows and arrows, as we were encouraged to purchase items rather than tip.

Ngorongoro Conservation Area, a World Heritage Site, is home to the 6th largest caldera in the world. We hiked with a park ranger through the highlands of the caldera where we met many Maasai along the way to a vista overlooking the over 3200 square mile caldera floor. The Maasai were friendly, greeting us with a smile, while the ranger pointed out the Fever Tree, which is known as "Mkalamu" in Swahili, used in treating post-natal ailments, and the Clove Tree, a flowering evergreen that produces a common spice.

Rhino Lodge is located 2200 meters on the Ngorongoro rim. Maasai are on duty 24 seven, and when we checked in, we were greeted by a waterbuck feeding on the lush misty montane forest surrounding the lodge. The next day we ventured down into the crater floor where many prides were busy mating and hunting. A lioness came next to our vehicle as though we were part of her habitat.

Four out of five of the "Big 5" we found in Ngorongoro – lion, elephant, buffalo and leopard, as well as, hippopotamus, zebras, baboons, warthogs, kudu, and a caracal, a rare catlike mammal that even Muba took his camera out for. Flamingos, ostriches and a wide variety of birds like the secretary and hornbill were scattered throughout the caldera floor also – many species



Elephants Tarangire National Park (one of the big 5)



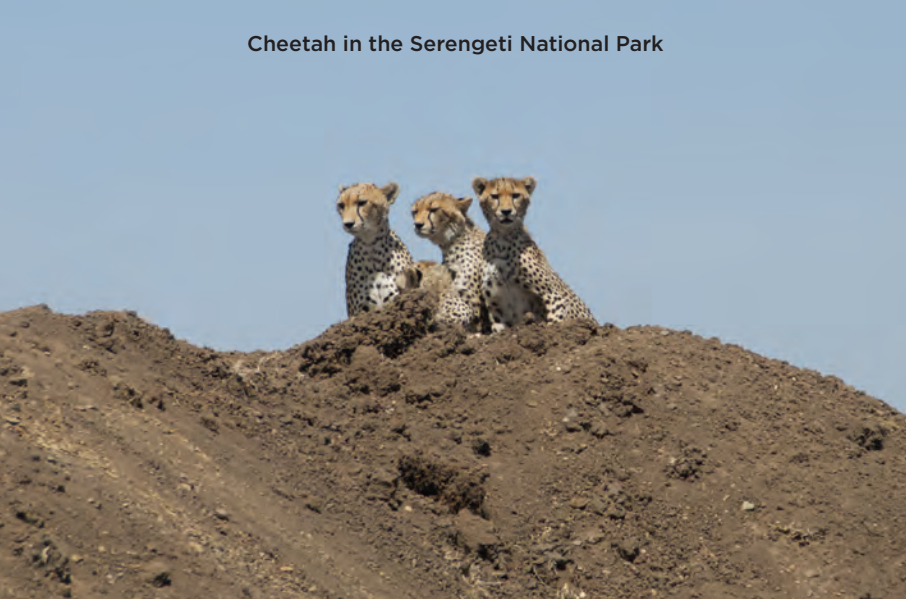
Maasai Lucas Emanyata Women

Wildebeest migration across the Mara River in the Serengeti National Park





A tower of giraffe in the Tarangire National Park



Cheetah in the Serengeti National Park



Morning hunt



Muba our driver and guide with my boys

Being outdoors is obviously in my blood, as well as being an immigrant. I came to America with \$200 in my pocket. My great grandparents worked with what was given to them without much of an education.

that we had never seen or heard of before.

Our final 3 days were in the Serengeti. On our way to Nasikia Moveable Camp, which was near the Kenyan border, Muba spotted cheetahs hanging out on large dirt mounds. Out of nowhere in a dusty dry section of the journey he stopped the Land Cruiser, pulled out his binoculars, and the next thing we knew we were before 4 cheetahs. We got so close we saw the distinctive markings of the cheetah – teardrop shapes around the eyes. Not far from here we spotted our first hyena too.

It is here in the Serengeti that we witnessed the wonderful wildebeest migration. Thousands of wildebeests cross the Serengeti, and when there is a river along their path they cross it. Like sheep, after one wildebeest crosses, then the others follow. Crocodiles wait along the Mara River edge in hope of an easy meal. We sat and watched this amazing natural phenomenon an entire morning in the comfort of our vehicle.

On our last day we booked a sunrise Serengeti balloon ride. This was the only activity my parents did not participate in, as my mother refused to do it. I must admit I was nervous, as I have vertigo, however take off was a breeze – only the landing had a few bumps. It was worth the brief anxiety. I felt like I was in Mutual of Omaha's Wild Kingdom with the endless grasslands, the river full of hippos, and elephants being lit by the glorious morning red sun.

In the evening we gathered around the “bush TV”, otherwise known as a campfire, flanked by many Red Thorn Acacia, and the boys participated in a Maasai dance and sing-along. The men that ran the camp were friendly, and the food was yummy, as had it been throughout the trip.

In the morning we flew back over the plains, forest, lakes and rivers we had explored in Muba's Land Cruiser. We had the afternoon to experience the market of Arusha before our departure back to New York City and Vancouver. Colorful fresh fruits, vegetables and dry goods filled the vibrant stalls along with friendly faces, which made it obvious why the food along our safari was so delicious. Unfortunately it was an overcast day, as on a clear one, we would have seen the famous Mount Kilimanjaro.

I couldn't get the song “Jambo. Jambo Bwana. Mzui sana. Wageni mwakaribishwa. Tanzania yetu. Hakuna matata...Nchi ya maajabu”, out of my head, while we packed the mpingo woodcarving we'd purchased from a local artist. This Tree of Life carving comprised of a singletree trunk has many human figures holding each other up, symbolizing the human ancestor heritage that we all share, which indeed is a beautiful metaphor not only for Tanzania, but for our world.

Q: You've been to 6 continents, including 46 countries, 35 U.S. states and 9 Canadian provinces/territories. Describe some other places in the world that you've particularly enjoyed.

CATHY:

1. Cairo, Egypt. After a modeling gig in Aswan, I had the opportunity to tour Cairo and the highlight was being inside the Great Pyramid. I was surprised at the size of the blocks of stone used to build this wonder - vastly larger than any human – 2.5 tons each.
2. Alice Springs to Uluru/Ayer's Rock, Australia. Back in the early 1990s I worked in Australia for about a month, and took a few days to visit this over 850-meter-high sandstone aboriginal site. I'd never seen so many rabbits in my life driving from Alice Springs to Uluru – hundreds were along the road.
3. Underwater Hotel in Key Largo. I did my PADI certification dive test at Jules' Undersea Lodge. Keith wanted me to have a unique diving experience in the world's only underwater hotel. I did, and unfortunately for him he got the bends, and ended up in a decompression chamber.
4. Dogsledding on the periphery of the Arctic Circle. We began in Lentiira, Finland, 400 miles north of Helsinki and ended up in a remote Russian village. We became very well acquainted with the Finnish sauna and Russian Vodka with our final destination being Saint Petersburg – an amazing city to explore in the middle of winter.
5. Palau's Jellyfish Lake. Snorkeling in this rare freak-of-nature saltwater lake is what I imagine it is like being in outer space floating among the stars. With thousands of jellyfish that have adapted to their environment feeding only on algae, their stingers are harmless to humans.
6. Vienna, Austria to Budapest, Hungary. Keith and I created our own summer Danube River bike tour without any hotel reservations along the way. We rode through sunflower fields in full bloom, discovered the Amade Chateau in Slovakia and Szechenyi thermal baths in the center of Budapest.
7. Port Renfrew, British Columbia. Hiking in the majestic old growth forest of Western red cedar, Sitka spruce and Douglas fir trees we discovered the world's gnarliest tree and look forward to returning to find the world's largest Douglas fir (242 feet high and estimated 750 – 1000 years old).

Please check out my website www.cathyfedoruk.com for more adventures.

I didn't understand the violation of trust that this man had committed and how it diminished my self-worth. I am not sure anyone can ever completely heal from sexual abuse; I have learned to live with it. It is part of who I am





Q: You were a contributing writer in a fascinating book that has just been published: *"Before They Were Our Mothers: Voices of Women Born Before Rosie Started Riveting"*. In your story, "Annie's Rings", you write about your grandmother, Annie Slupska, and your Ukrainian family on your paternal side. Your great grandfather, Phillip, who was in Franz Joseph I's Austro-Hungarian army, immigrated to Canada in 1903 at age 24. What were some of the most enlightening discoveries for you of your family history?

CATHY: My great grandfather, Phillip Slupsky, came over on the Lake Erie Steam Ship. He claimed 160 acres near Winnipeg, Manitoba and it is still in my family today. Farming is part of my European ancestry. My great grandmother, Paranka, was a farmer too, and she also came from the same village in Galicia. Being outdoors is obviously in my blood, as well as being an immigrant. I came to America with \$200 in my pocket. My great grandparents worked with what was given to them without much of an education. I have followed a similar path.

Q: The strong women in your family are evident in your story. You also allude to the alcoholism that was an ever-present shadow of darkness in your grandparents' lives – and yet it was never dealt with or addressed. What are your thoughts on that?

CATHY: Alcohol, unfortunately, is the cause of many family's issues. I never met my great grandfather, and only heard stories from my father and read some newspaper articles that describe some unfortunate situations.

I did know my paternal grandfather, and witnessed a horrific family melee due to his alcoholism. My father told me that this was a normal occurrence in his daily life growing up. Experiencing it once was enough for me. I became afraid of my grandpa after this incident. It upset me so much that I never attended his funeral, which was well over a decade afterwards. Over time I came to realize that since he was a World War II veteran he likely suffered from PTSD.

Now I have so many unanswered questions that I wish I could ask him. What it must have been like for him to have served in the war, I will never know. His 5 medals are framed and hang in my parents' home in Canada.

What I do know is I hope to instill the lessons I have learned to my boys, so they don't make the mistakes that I made or my grandfather did.

Q: You are a survivor of sexual abuse. Your music teacher, whom you should have trusted – sexually molested you while you were between 12 – 14 years old. In those days, silence was apportioned to some of the worst acts. How have you navigated this painful period of your life both as a child and as an adult?

CATHY: Yes, it wasn't a conversation anyone talked about in the eighties. I didn't tell my parents until 10 years later, when I was in my early twenties.

When the abuse began, I didn't really understand how terrible it was. I thought I was special. I was curious about sex and he exploited my curiosity, my vulnerability and his position as a teacher.

I learned how to dissociate. I'd wake up in the middle of the night and walk aimlessly around my neighborhood.

I quit guitar. I made many bad choices especially relationship choices.

It wasn't until my late twenties when I began to study method acting that I was able to truly acknowledge and experience my feelings. It was a huge transformational healing insight for me that was life changing.

I didn't understand the violation of trust that this man had committed and how it diminished my self-worth.

I am not sure anyone can ever completely heal from sexual abuse; I have learned to live with it. It is part of who I am.

Today there are organizations that help victims of sexual abuse. BOOST Child & Youth Advocacy Center is one in Canada that helped me.

Q: You took action and filed a complaint against this individual. What are your thoughts as your own sexual predator and others are now being held accountable for their actions? What do you most want to come out of the 'Me Too' movement?

CATHY: When I was in my early thirties, about 20 years after the abuse, I finally reported Orly Anderson. It was a terrible process. In fact, the authorities couldn't find him. Then my husband found him on the Internet; he had changed his name to Dr. Harreson Caldwell.

I should have lawyered up, but I trusted the system. The Crown believed my story, but after 20 years it is so difficult to prosecute a crime with minimal evidence, and memory does not serve as the best evidence. Nothing came of the complaint I filed. I did my civic duty by reporting him, and it is on re-

Journaling is a way I process my thoughts and feelings. It never occurred to me to have my writing published until my professors at NYU presented this idea. Being able to create a story, poem or travel experience upon a page, and share it with others is deeply satisfying to me

cord. This is why it is so important to tell someone and file a complaint when it occurs, as there is a much greater chance that a sexual predator will be charged and convicted.

Imagine if all abused victims spoke up? Just look at what is happening now – a paradigm shift is occurring in our culture, as abusers are being charged, fired and brought to trial. It is about time!

Sharing my story with others is important to my healing process. Over the years I have told my story to my friends and family in hope that it will influence them to talk to their children about sexual abuse. It is an unpleasant subject to talk about, but it seems that the taboo is dissipating. No one should have to endure the shame, pain and suffering of any sort of abuse. I am grateful to all those that have had the courage to speak up.

Q: Outdoor activities and sports are an integral part of your family's life. How do you most enjoy spending your weekends?

CATHY: Our weekends consist of rest, exercise, healthy food, nature and cultural experiences with family and friends. Since we have a rescue Beagle we put in about 2 hours of walking everyday – either in the city or upstate at our farm in New York. Ulster County has some of our favorite trails. If we are in the city, my boys do Tae Kwon Do, I yoga, and Keith kickboxing. We all enjoy reading, Keith devours the news, and the boys like Japanese Manga these days. Currently I am reading Elizabeth Stout's *Anything Is Possible*. (Love it!)

Q: You recently graduated magna cum laude from NYU with a Bachelor of Arts in creative writing and literature. How have the skills you acquired enriched your continuing life journey?

CATHY: Writing is a passion I discovered or shall I say rediscovered late in life. I journaled as a teen, in fact I have journaled throughout my life. Journaling is a way I process my thoughts and feelings. It never occurred to me to have my writing published until my professors at NYU presented this idea. Being able to create a story, poem or travel experience upon a page, and share it with others is deeply satisfying to me.

Writing is a creative challenge for me. It feeds my brain and soul providing me with an outlet of expression.

Q: What are your hopes and dreams for your sons?

CATHY: I hope my boys discover their passions and purposes while remaining safe and healthy along their life journey.

Q: Favorite food/delicacy?

CATHY: Sushi (wild salmon/tuna)/dark chocolate covered orange rinds by Li-Lac Chocolates.

Q: Place in the world that impacted you profoundly?

CATHY: My early years of life fishing at Bird Lake and hanging out at Grand Beach (both located in Manitoba, Canada) with my family, because these places created the foundation for my love and appreciation of the outdoors.

Q: An Ukrainian family tradition that you hold dear?

CATHY: Pierogis, borshch and Holubsti.

Q: Best lesson your parents taught you?

CATHY: Treat others as you wish to be treated.

Q: What constitutes a blissful day for you?

CATHY: Waking up without an alarm, yoga on a beach, lunch with a friend, a few hours of reading and writing, and dinner at a restaurant (so I don't have to cook) with my family.


Q: Favorite movie of all time?

CATHY: Wizard of Oz.

Q: Person whom you admire and respect enormously?

CATHY: Patricia A. Nugent, the editor of the book "*Before They Were Our Mothers*". She is everything that women's empowerment represents, and I am grateful she has touched my life.

Q: The change you most hope to see in the world?

CATHY: The end of sexual abuse and more environmental conservation. 







Come Escape with a Piña Colada

By Magda Pescariu

They say a life without love is like a year without summer, yet I could scarcely fathom any of these concepts or that something of the sort could ever happen to me. Truth be told, I surprise myself lately longing for summer much more than wishing for a new love, but I blame it on human nature and its penchant for over-enthusiastic beginnings, futile midway complications and moody endings. Summer, for that matter, is simply perfect - a luminous, always liberating and never disappointing affair. We get to bathe in the sunlight, lay on the beach with a good book (maybe the first one we open this year) or down a few cervezas by the pool, dodge the insufferable daily routine, and feel great in our tanned skin for a change, just doing absolutely nothing. Or we get to travel, pursue new adventures, meet people, make friends, and let go of old limitations and itchy façades like shedding a cracked skin full of scars.

I sense the arrival of summer like a well-trained puppy, sniffing it in all the tiny ways in which my perception of reality shifts – the music played at the supermarket seems all of a sudden great; I finalize with confidence that swimwear order online which has terrorized me so far; my toes wriggle in flip-flops, happy with their bright lime'norange nail polish, the year-long inflexible dress code all but a memory; and revamped cocktails recipes grab my mythical 8-second attention span in a flash, to the detriment of task-oriented research on which my boss

counts for the next day's very important meeting. Who cares? Summer is here and so is the time for making some of our best memories. Fortunately, it doesn't take too much to get ready to rumble.

Fashion designers all over the world have been merciful this year. With all the directions in which their imagination must have frolicked, they came miraculously to the same few conclusions, leaving us with less than ten **major trends for the Swimwear of 2018**.

The simple one-piece is the unchallenged star, always classy and



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becoming, the skinny jeans of swimsuits. It can be easily adapted to our silhouette and personality with **small details and cutouts**, as well as with the option for a **textured material**, such as **crochet** or **velvet**. I know that we can hardly associate velvet with going to the beach, but it seems that the fabric industry has found a solution to this 90s trend revival, by making a **four-way stretch velvet** from nylon and Lycra, the same composition as regular swim fabric; so we are not talking here about true velvet, made from silk or cotton.

The one-piece is insanely slimming, modern, elegant and trendy, and it goes perfectly with **color blocking**, another trend for this summer, be it **all black**, **all white** or other solid colors, like **Baywatch red**, **burnt orange**, **shimmering bronze**, **chocolate**, **sea green**, or in contrasting colors (black & white). Its minimalist approach asks for a flattering cut and a perfect fit, flavored with **high-cut legs**, **plunge strappy décolletage** or **V-neck**,

scoop plunge back, **off-the-shoulder ruffle**, **belted mid-section**, **lace detailing**, or any combination of the above.

Another effortlessly charming swimwear favored this season is **the white bikini**, attractive on all skin tones and magical in showing off best that hard-to-achieve summer tan or spray tan, for that matter. The devil is in the details here, too, whether we opt for a **frounce bikini top** with **high-waisted bottoms**, a **high-neck top with rib mesh inserts** and cheeky **Brazilian bikini**, a **bandeau bra** with a ruffle detail, or a **tie front top with a chic knot**.

Geometric cutouts add a futuristic flair to swimsuits, either as an **open back in a one-piece**, some **subtle stencils in a hipster bikini bottom** or as a **strappy mix in a high-neck top**. It's one of the coolest new trends, they say, promising that the weird tan lines will be worth it.

Even if color blocking rules this season

uncontested, we can't complain of chromatic boredom. **Rainbow stripes in pastel shades**, **leopard print** and **fruit print**, as well as the ever-cheerful **polka dots** enliven the beach landscape as well, allowing us enough variety of expression and, basically, letting us have a ball.

As I mentioned, **this summer's trends are generous and practical at the same time**. Leaving aside the geometric tan lines, we are happy to report that wearing heavy jewelry at the beach is a thing of the past. Gone are the times when Nefertiti-style earrings, chokers, pendants and bracelets turned us into glamorous zebras after a day in the sun. Now we can play summer's delicate tanned divinities just wearing **dainty, gold jewelry**, finer than frog's hair, yet **layered and stacked** to the gills. Think of **layering a threadlike gold drop necklace**, a **few different thin chains** (from choker to opera length) and a **fragile zodiac pendant**, then adding a **slender anklet** and a **slim body chain**. The mix is feminine and sensible, leaving us with



Nina



Luli Fama



Issa de'Mar

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a perfectly tanned skin at the end of the day.

On the same ladylike note enters **the most beautiful trend of this season – the Boho cover-ups**. Forget the (horrible, if you ask me) terrycloth rompers of the 2000s, your average faded sundress or trivial beach wrap. This year we can choose from hundreds of handmade, vintage, one-of-a-kind, avant-garde **cover-ups**, made of **fine cotton-lace, silk, chiffon, crochet, handkerchief linen, rayon, voile or organza**. Tie front floral kimonos, embroidered kaftans, multiprinted linen dresses with crochet inserts, or scoop-front tie-side tank dresses, tunic mini-dresses with tassels, pearl-cotton hoodies, smocked gingham rompers, pareos and sarongs are only a few cover-up styles to choose from if you are hitting the sand these days.

The **shoe trends** do not reflect the same grace, unfortunately, even though the practicality remains. **An extravaganza of PVC shoes reigns supreme** – plexi cutout slide sandals, transparent wedges, glass mule sandals, plexi slingbacks, or see-through flip-flops with floral applications will trot breezily to the beach. **Unusual heels and square-toes** are this season's features as well. For time spent in the city, at a posh restaurant or a pool-side party, the offer is lavish, getting to choose from **the 80s-style stiletto pumps in unexpected colors** (like lavender, lime, yellow, or shimmering bronze), glossy or matte, **flat slingbacks in satin**, and **rodeo-inspired summer boots** (in leather, linen, see-through plastic or sock-boots), to the feminine yet impractical ankle-tie shoes (seen as a natural regression of the gladiator bravura). **Futuristic trainers** - thick-soled, highly-detailed, chunky and in eclectic colors – are another summer trend, most likely as divisive as Crocs and their uncalled for resurgence.



Zimmermann

Thank goodness, the **makeup** guidelines steer us back in the right direction, i.e., looking like **the bronze goddess** within. Using a sweat-proof foundation for a glowy look and dewy skin, we can play with a few contrasts to a beautiful, feminine and striking effect - either use **blinding gold shades on the eye with nude lip-glosses to match, or bold lips (cherry, orange, fuchsia) and nothing else**. Other options are to go for a **monochromatic makeup** (the 'no makeup' bare minimum look), for **pastel eye-lines instead of the iconic black cat-eye**, or for **fun shades of colored mascara** (pink, yellow, fuchsia, bright orange, poppy).

Let me see, what else is highly recommended for this summer? Oh, maybe a Dark Rum Mojito with grilled shrimp and mango salsa, or a few Mint Juleps alongside goat cheese and watercress canapés, a Summertime Rosé Tequila Sangria paired with fried calamari, or Margaritas with a side of Key West shrimp cakes. Notice I skipped over the limoncello

and the gin'n'tonic, already mainstream. Summer ... there is no wrong way to enjoy it.

I don't know about you, but all winter long I think of summer with trusting anticipation. No matter how demanding are my clients, how convoluted their projects, how crazy busy and unexpected my mundane life facts, or how unreasonable are everyone's expectations of me, I know that summer will come as my much-desired sweet escape, rejuvenating and invincible. And if I manage to survive on hot chocolate, mulled apple cider and honey ginger tea through yet another long, cold and tedious winter, at the end of it there is only one way I take my sugar: distilled. And chilled, sipped in the seashore breeze, while the sun kisses my tired eyelids, blessedly peaceful. There is a fruity scent floating around and I suddenly crave a Piña Colada with frozen pineapple cubes, zesty, energizing, and totally rousing. This is how escaping should feel, I guess. This is what my summer tastes like. 🍹



Andres Sarda

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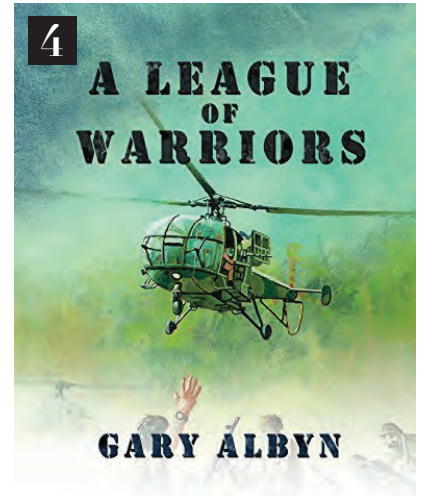
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4. A LEAGUE OF WARRIORS

Author: Gary Albyn. Set in the late 1970s and 1980s, this thrilling world-wide drama between a ruthless KGB agent and an African air force helicopter pilot is gripping as events sweep the two men across the globe in a dangerous journey of intrigue, passion and betrayal. Available on Amazon.com

5. SUMMER COOLER

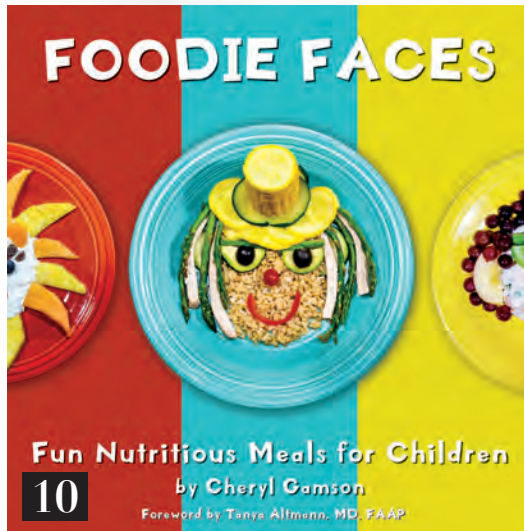
The Hopper® Two 20 is your leakproof, portable, ultra-durable soft-sided cooler. It boasts superior cold-holding power, easy loading (and unloading), and extreme visibility. Available at valsurf.com

6. LANAI SLIDE

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7



10



11



8



9



12

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11. BABA'S CAFE

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12. ZUMA BEACH

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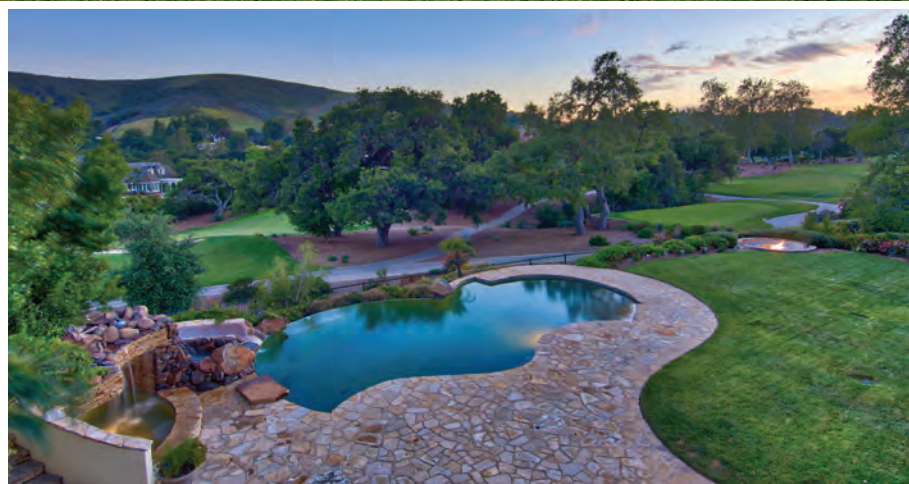
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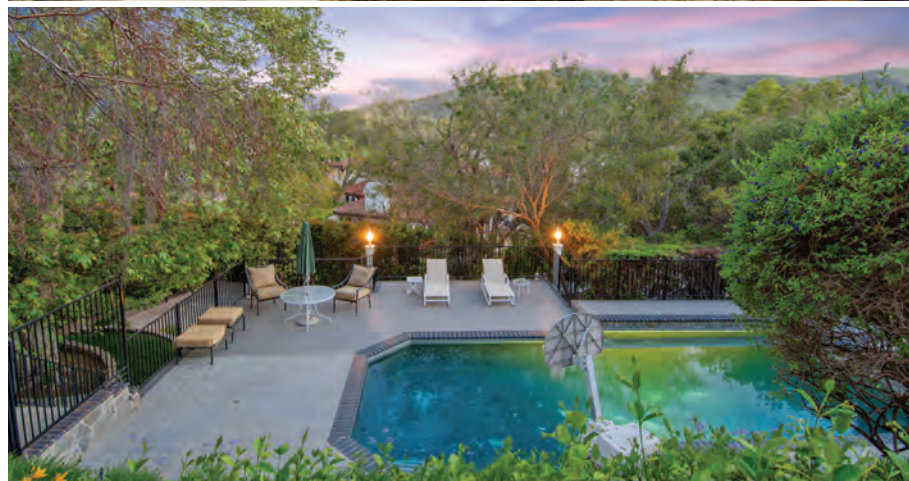
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Rosemary Allison
www.CallRosemary.com
 Mobile/Text: 805.479.7653
 9 Altamont Way,
 Camarillo, CA 93010
www.9AltamontWay.com

This beautiful home is at the top of Camarillo Heights ridge with gorgeous 180-degree panoramic views of the coastline and islands. Featuring 4 bedrooms and 2 baths. Offers formal living room with fireplace. Remodeled gourmet kitchen with center island and granite counters. Large

master bedroom has remodeled bath, granite counters, custom walk-in closet with organizers, large soaking tub and separate shower. The home has fresh paint, engineered wood and travertine floors, newer carpeting, dual pane windows, wood shutters and recessed lighting. Beach entry solar heated swimming pool and spa, covered patio, large wood deck with second story for sunbathing pleasure. Private road leads to the this exquisite home with pavers in the driveway, tile roof, 2-car garage with cabinets. Close to town but with the rural pastoral feel of the country. Lower corral area with space for allowed equestrian and farm animals. Located in the unincorporated area of Ventura County where the County Planning department provides you the quantity of animals allowed. Earning impressive accolades for her breadth of knowledge, ethical practices, and expertise in negotiating, Rosemary is one of most well-respected and sought after real estate agents in the business. Offered at only \$929,000.

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Rosemary Allison
www.CallRosemary.com
Mobile/Text: 805.479.7653
Spanish Hills
opulence beyond your
wildest imagination
www.750CaminoTierraSanta.com

Nestled in the Camarillo Foothills adjacent to the Spanish Hills Country Club and facing the Pacific Ocean lies Villa Boehm, a European masterpiece completed in 2008. Beyond the gates you will discover this extraordinary estate which has been created with over 30,000 feet of stone in nearly

12,000 square feet of sumptuous living space including 1,894 square feet of indoor/outdoor living space, & 1,153 square feet of garage space. This estate is graced with 2.75 acres of views. Luxurious, exquisite, distinctive, prestigious... mere words cannot describe this incredibly breath-taking property. Over a million dollars invested in fine custom finishes & luxurious amenities & a million dollars devoted to hardscape and water features. Panoramic frontage views spanning from the Conejo Mountains to the Pacific Ocean, including the striking views of the Channel Islands. Jet setters will appreciate the close proximity to the private Camarillo Airport which can be seen from the property just minutes away. The grand entrance and two-story living room is captivating with its impressive fireplace, stone crown molding, elegant arching masonry and stone walls, with all rooms joined by hand carved woodwork throughout the Tuscan Hill top villa. This grand residence offers a first floor master wing with finishes in onyx, granite, a very large closet with custom cabinetry, television and dressing area, cozy sitting area with a fireplace and television. Offered at only \$4,498,000

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Rosemary Allison
www.CallRosemary.com
Mobile/Text: 805.479.7653
One Story Santa Rosa Valley
Gated view estate home
www.11060lasposas.com

Jewel Box of Santa Rosa Valley. One story residence located in the gated Las Brisas Estates. Generous acre useable lot on a cul-de-sac street in a wonderful neighborhood setting. This home has a spacious living room with formal dining room. The gourmet kitchen with magnificent granite counter tops,

and newer appliances has everything you need to cook the meal of your dreams. An attached eat-in kitchen area for your informal meals or a snack. Large master bedroom suite with vaulted ceiling, remodeled luxurious master bath with separate shower and whirlpool tub. Remodeled and expanded huge master bedroom walk in closet with custom cabinetry. Gorgeous panoramic views, and orchard. Basketball court. Four bedrooms, each with their own ensuite bath. Indoor laundry room. Three car garage. Equestrian zoned. Santa Rosa Valley is where magnificent homes rest amidst nature's most perfect setting, located within minutes of Westlake Village, Hidden Hills, 101 Freeway providing a uniquely charming relaxed lifestyle, located close to award winning SRTMS magnet school, freeways and shopping. CALL or text ROSEMARY @ 805.479.7653 to view this home today. Offered at only \$1,349,000

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Rosemary Allison
www.CallRosemary.com
Mobile/Text: 805.479.7653
Camarillo Pool Home 4+3
Only \$1,149,000
www.6849AvianoDrive.com

Within the coveted borders of Camarillo, this sumptuous, estate shines like a rare jewel. Indoors, the gracious interior invites the outdoors in and lead you to your own five-star resort pool and entertaining spaces. Enjoy timeless, traditional design, crafted from the finest materials. Combined with an idyllic climate, this is the essence of California

living. This impressive, refined estate truly shines in the details. The lavish pool, and outdoor patios begs you to entertain your lucky guests. Surrounded on a large lot with complete privacy! The moment you step inside you will be welcomed with fresh upgrades throughout. Beautiful natural light flows throughout this custom home accented by the high vaulted ceilings, creating a relaxed elegance. The kitchen has been newly remodeled and is complete with granite countertops, garden window, subway backsplash, and custom cabinets. The kitchen opens to the casual dining and family room, perfect for entertaining. Unwind in the Master suite featuring a walk-in closet, dual vanity, luxurious bath tub, European inspired "wet room" with large shower, and brand-new deck overlooking the backyard. Enjoy all the modern features of today with a thoughtfully-curated design destined to stand the test of time and impress throughout the years. Four bedrooms, including one downstairs with full bath. Built to take full advantage of its relaxing setting. The lavish pool, and outdoor patios and loggia begs you to entertain your lucky guests. Surrounded by views and lush grounds, every day here is a vacation. Gorgeous home!

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Rosemary Allison
www.CallRosemary.com
Mobile/Text: 805.479.7653
Santa Rosa Valley
Gated Estate Home with 5
Bedrooms, 5 fireplaces, 5 car
garage, Pool, 5 car garage
www.11060Hildreth.com

Fabulous estate in gated community with impeccable craftsmanship throughout. Connecticut style estate offers great space, sophisticated charm, masterfully designed with double door entry lead you into this remarkable home on over an acre,

where volume ceilings, crown moldings and beautiful. Fantastic views from almost every window. The main floor boasts a beautiful huge kitchen with granite island counter, eat-in kitchen. Spacious family room and a separate living room area, formal dining room, dedicated office, billiard room with walk-in wet bar, large dedicated future wine closet. Downstairs bedroom with full bath. Secluded Upstairs master bedroom has separate seating area, large walk-in closet and work out room. Huge Master bathroom. Upstairs there are three secondary guest bedrooms with their own en-suite bath. Entertainers usable backyard complete with swimming pool. 4 car garage plus RV garage. CALL/TEXT ROSEMARY @ 805.479.7653 to view this home today. Earning impressive accolades for her breadth of knowledge, ethical practices, and expertise in negotiating, Rosemary is one of most well-respected and sought after real estate agents in the business. Offered at only \$1,829,000.

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COLDWELL BANKER **GLOBAL LUXURY**
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Award Winning Saticoy
Country Club Estate
Home - Somis
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Architecturally stunning single story pristine Tuscan renaissance style Villa located in the exclusive community of Saticoy Highlands. This home spans over 5200 square feet and is graced with breathtaking views of the fairway on one of California's top-rated

Golf Courses on the Saticoy Country Club golf course in Somis. The Estate's indoor/outdoor space melds into a perfect blend of intimate & luxurious living. Designed with luxury elements & comfort, this home captures views from virtually every room. Serenity, privacy, sunrise, sunset luxury at its finest! True gourmet chef's kitchen with copper sinks and huge island with free standing commercial stainless steel range, and a built-in refrigerator/freezer. Smooth walls and ceilings finished with exposed beams provide a warm and elegant feel as you move from room to room. The serene master suite oasis has been designed to pamper and spoil. Three additional ensuites plus a wood study are gorgeous. Other features include the luxurious, professionally landscaped, beautiful garden, an outdoor covered kitchen/entertainment area, in ground spa, putting green, and more. Mesmerizing! Minutes from quality shopping, dining, beach & excel Offered at only \$1,999,999

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**California Lifestyle Home
1480 Cheviot Hills Ct.
Westlake Village
\$3,299,000**

- 5 Bedrooms, 5.5 Bathrooms
- Guest house/Pool house w/bath
- Approximately 1 acre
- 5 Fireplaces plus firepit
- Gorgeous interior & open floor plan
- Center island kitchen w/Stainless steel appliances

- Formal living and family room
- Incredible master retreat w/large dual walk-ins and deck
- Hotel like backyard w/covered dining, kitchen & heaters
- Saltwater pebble sheen pool and spa w/safety cover
- Sports court and two large lawns
- Gated community and privately gated
- Beautifully maintained
- Ideal Westlake Village location

THE MCLAUGHLIN GROUP

kw WESTLAKE VILLAGE
KELLERWILLIAMS, DRE# 01523573

Dave McLaughlin • The McLaughlin Group
Keller Williams Westlake Village
Cell: 818-259-7775
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**North Ranch Country Club Estates
531 Country Valley Rd.
Westlake Village
\$2,999,999.00**

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- Over 7100 Sq. ft.
- 5 bedrooms, 5.5 bathrooms
- Wide open floor plan
- Solar Power

- Extraordinary upper level game room
- Incredible master suite
- Rich wide plank hardwood floors
- Gourmet kitchen
- Large lawn area
- Pool and spa
- Nearly 1.5 Acres
- Guard gated community

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Architectural Beauty
26049 Mulholland Highway
Calabasas
\$2,595,000.00

- 4 Bedrooms, 4 bathrooms
- 4191 Sq. ft. (per assessor)
- Two parcels totaling nearly 2 acres
- Gorgeous master retreat

- Spa like master bath
- Great room w/stone fireplace
- Edge to edge front deck
- Large lawn area
- Horses welcome
- Ideal location near parks & conveniences

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Malibou Lake Area Craftsman
1857 Lookout Dr.
Agoura
\$1,998,000.00

- 4 Bedrooms, 4 bathrooms main house
- Gorgeous guest house w/bed/bath/kitchen, living room & deck
- Custom built in 2007

- Magnificent home theatre
- Commanding mountain views
- Solar power w/battery back up
- Multiple fireplaces and fountains
- Over 1/2 acre
- Easy access into Malibu Creek State Park

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Closing the Retirement Savings Gap

By Jennifer Leighton

It's no secret that Americans aren't saving enough for retirement. In fact, a recent survey by GoBankingRates found that 56% of Americans have less than \$10,000 saved for retirement and 1-in-3 have no retirement savings at all. Yikes. But that's just the beginning of the story. Look at what happens when we analyze retirement savings based on gender. According to a BlackRock study, 65% of men have begun saving for retirement, yet only 53% of women have done the same. And the women who are saving have accumulated about half the amount of their male counterparts – an average of \$34,900 as opposed to \$76,800 for men.


This gender disparity is known as the Retirement Savings Gap and there are some very real reasons for it. The first is women save less because we earn less. While income inequality certainly plays a factor, women also log in fewer hours and may exit the workforce for years in order to raise families. The BlackRock study found that only about half of women aged 25-44 work full-time, as opposed to more than three-quarters of men in that age group. Part-time work – or no work – usually means no 401(k).

In addition, women have typically looked to their partners to serve as their retirement savings vehicles. Our investment is in our families and we count on them to pay dividends in our later years. Here's the problem with this mindset: whether by widowhood or divorce, the majority of us will outlive our marriages. In addition, we spend more money than men in retirement, often due to higher healthcare costs and longer lifespans. Saving less than men – when we actually need to save more – is the reason so many women find themselves in near-poverty during old age.

So how do we begin to shrink the Retirement Savings Gap? We start by boosting our financial literacy. While we've made great strides in recent years, most women still lack confidence when it comes to money and investing. Taking a class or attending a financial workshop geared toward women are great ways to begin the process. The more you actively pursue knowledge, the more you'll want to engage in your financial future instead of standing on the sidelines, hoping it will all work out in the end.

It is also important to pay yourself first by contributing to an employer-sponsored plan or, if you are self-employed or not working, by setting up retirement accounts. Have the money withdrawn automatically and before you spend it on anything else. And then be sure to increase the amount you save on a regular basis – every six months, for example.

Lastly, develop concrete goals for your later years. Don't try to guess what you'll need in retirement; figure out what that number actually is. Work with a financial advisor, specifically one who understands the unique challenges female investors face, to develop a long-term financial plan which takes both your current situation and your aspirations into consideration. Your plan can, and should, be updated on a yearly basis or as your life changes.

Ninety percent of women will have to take charge of their finances at some point in their lives. Let's make sure we have enough saved to do it with confidence. 



Jennifer C. Leighton, JD, Certified Divorce Financial Analyst™ is a Senior Analyst at Manchester Financial, an Investment Counsel/Wealth Management firm located in Westlake Village. She specializes in helping divorcing and divorced individuals achieve financial peace of mind and she is passionate about educating and empowering women to take control of their financial lives. Jennifer is a published book author and her article, "7 Financial Tips for Women Facing Divorce," was published on The Huffington Post. For more information, call 805-495-4405.

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Save More for Retirement With These 5 Tips

Even if you are juggling other financial goals, here are some steps from Merrill Lynch Wealth Management to help you get back on track.

YOU ARE BUSY WITH YOUR CAREER, maybe buying a home, having kids, saving for college—even starting a business. It is the stuff of life—and retirement often takes a backseat to all of those immediate financial priorities. Suddenly, you are hitting your 40s or 50s, and you realize you have fallen behind on planning for your future.

So how can you catch up? Debra Greenberg, director, Personal Retirement Strategy and Solutions at Bank of America Merrill Lynch, has the following five suggestions—each of which can help you get closer to your retirement goals. “Do not get discouraged,” Greenberg says. “Even seemingly small amounts can add up over the years, and taking action now increases the likelihood you will be better prepared to meet any unexpected challenges that come your way.”

1. MAX OUT YOUR TAX-ADVANTAGED ACCOUNTS.

A 401(k): Be sure you are getting your full company match, if one is offered, so that you are not leaving money on the table. Do not forget: An annual “catch-up” contribution of \$6,000 is allowed after age 50.

Roth IRA or Traditional IRA: No 401(k)? Or want to save more? Consider an IRA. If you are married and not working, you could contribute \$5,500 to a spousal IRA. Catch-up contributions of \$1,000 are allowed after age 50.

Health Savings Account: If you have a high-deductible health plan, an HSA can be used for qualified medical expenses now, and after age 65 you may be able to pay Medicare premiums with tax-free distributions.

2. PAY OFF COSTLY DEBT.

Paying off high-interest credit card debt should be a priority. Doing so will give you more money to direct toward your retirement. Says Greenberg, “A financial advisor can help you figure out how to manage competing financial needs while still saving for retirement.”

3. WORK LONGER.

If you work past age 65—or consult as you phase into retirement—that can potentially give your assets more time to grow before you start drawing upon them,” Greenberg notes.


Working longer can also help you to defer your Social Security payments. Each year you delay taking Social Security after age 62, your monthly benefits grow by about 8%, until age 70.

4. DOWNSIZE.

By downsizing or moving somewhere less expensive, you could reap the benefits of:

- **The equity** you might have accumulated in your home
- **Reduced living costs** (like transportation, housing, maintenance bills)
- **A smaller mortgage**—or if you can buy a new place outright, eliminating a mortgage completely
- **A tax advantage** if you relocate to a town with lower property taxes—or to one of the seven states with no personal income tax

5. INVEST FOR GROWTH.

Many people tend to shift to more conservative investments as they near retirement; others simply have a conservative investing bias. But today’s longer life expectancies mean that your money has to work harder and last longer. “Talk to an advisor about adjusting your asset allocation to pursue more growth, without losing sight of your risk tolerance,” Greenberg says. 



For more information, contact Merrill Lynch Financial Advisor Ray DiBartolomeo of the Westlake Village, California office at 805.381.1473 or ray.o.dibartolomeo@ml.com.

For more information about the study, please visit WWW.ML.COM/RETIREMENTSTUDY.

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NAPA VALLEY



Napa's Legendary Wining and Dining Experience

WINE TRAIN

NAPA, CALIFORNIA





New Interiors Take You Back in Time

When was the last time you were whisked through Napa Valley's lush, rolling countryside? When you last sipped on world-class wines, paired with expertly curated plates, all while being transported back in time by jazz age inspired décor? The Napa Valley Wine Train's all new tours offer you a chance to embark on a culinary voyage through California's most breathtaking countryside.

The all new Legacy Tour makes stops at Napa's three most illustrious institutions—Robert Mondavi, Charles Krug and V. Sattui—and is complemented by a 4-course meal. Or, opt for the Famiglia Tour, visiting three family owned wineries who planted their roots in Napa between 1865 and 1895. For a quick visit, the one-and-a-half hour Daytripper Tours offer riders their choice of four infamous wineries to visit after enjoying a delectable lunch and a welcome taste of wine.

Guests are dazzled by the stylish interiors of the all new Quattro Vino railcars. Inspired by the

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Views from the Quattro Vino Railcar



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Marataba Safari Lodge luxury tent suites



Brenda Epperson, our cover model on our January 2017 issue, brought up the idea of doing an epic African Safari together. Two days later, Deborah James said that she and her son were ready to venture into the African wilds. It took zero seconds for me to agree to put the trip together. By March 2018, we all landed in warm, sunny South Africa – ready to immerse ourselves in a world so wondrous that speechlessness superseded any articulation of the impact the continent had on our group. I shall never forget the joy on their faces as they saw their first wild African elephant. The majesty and peace of Africa swept us away – and evoked emotions we never knew we had.

MADIKWE SAFARI LODGE

Situated on the border between South Africa and Botswana, Madikwe Safari Lodge is a vast reserve with endless savannah for the African



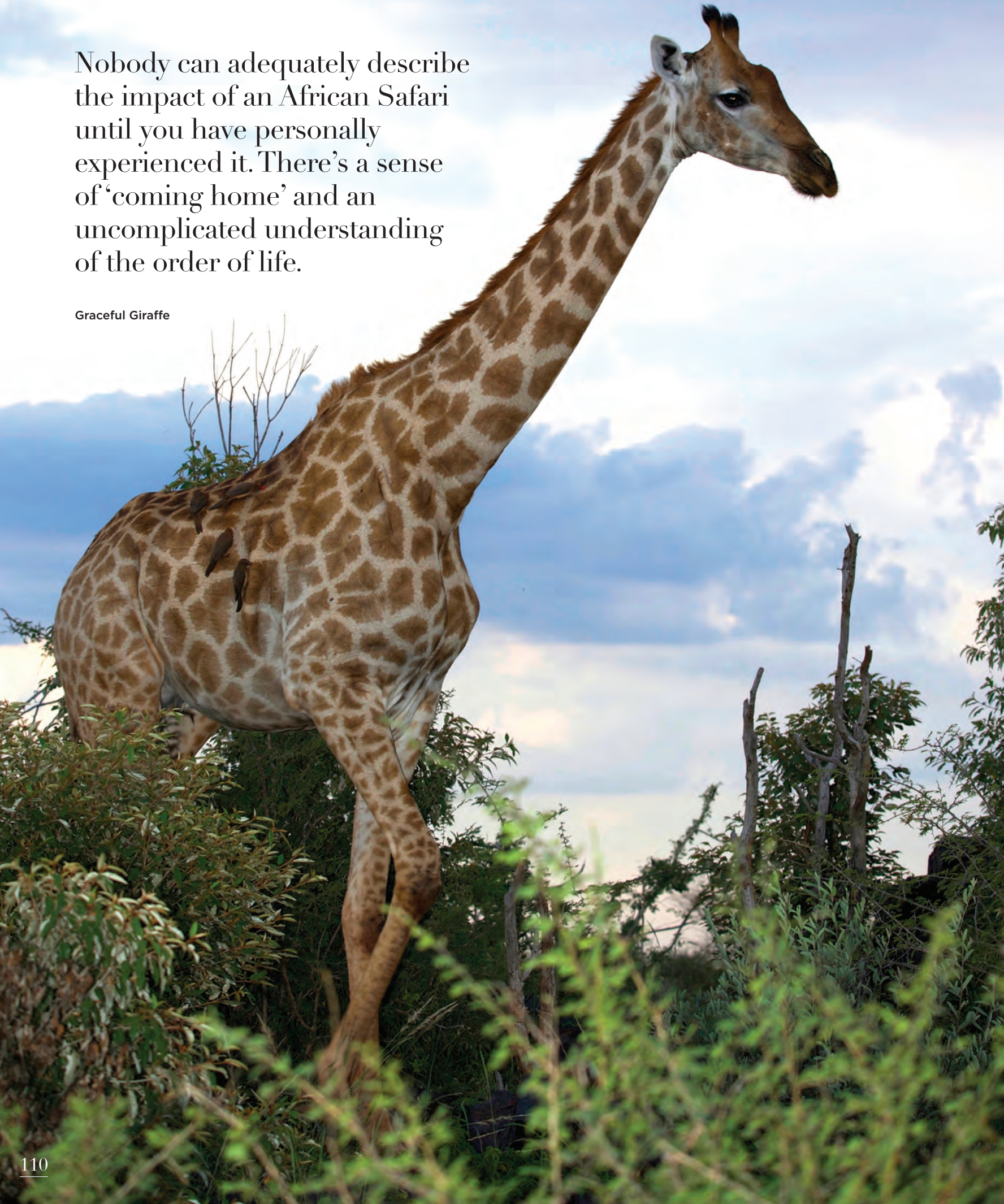
2 young male Lions at Marataba



Zebra at Madikwe

Nobody can adequately describe the impact of an African Safari until you have personally experienced it. There's a sense of 'coming home' and an uncomplicated understanding of the order of life.

Graceful Giraffe





Beautiful architecture at Madikwe Safari Lodge

animals to roam freely and unconfined. The luxury guest chalets with your own private plunge pool (we stayed at Dithaba and Lelapa Lodges) are spacious, authentically thatched and beautifully appointed.

The service is beyond anything we'd experienced worldwide. The African people excel in their selflessness and willingness to extend themselves way beyond the call of duty. The expert Game Guides went out of the way to find us the best animal sightings. There's an enormous sense of safety as they take us out in their trusty Land Cruisers - off road and through thickets. Apart from being excellent animal trackers, they are also meticulous conservationists - careful not to invade the animals' space.

Importantly for us - Madikwe is situated in a region of South Africa in which the malaria-carrying mosquito, the Anopheles, does not exist

- thus classifying it as a malaria-free region. The climate in March/April is perfect with temperatures consistently around the 70F mark and we experienced an occasional one-hour rain shower in the early mornings. September - April is classified as the hot, wet summer months, and the winters are from May - August where the evenings and mornings are cold. Daytime temperatures are always warm.

Everything at Madikwe is fully inclusive except for premium brands, spa treatments and art and gifts to be found in the ONELife store. From the extensive, expert-led game drives twice a day (morning and late afternoon into evening) to the scrumptious meals and tea-time treats in-between meals, the luxury and service eclipsed our wish list by far. At night the game experts escort you to your chalet and do a full room

Young male Elephants sparring - Madikwe Safari Lodge



check to insure that no critters have crept in while you were out! There is a sense of absolute and unconditional caring amongst the staff. A big shout-out goes out to Stephanie, Rebecca, Lindy, JP and Wayne for making our 3-day stay at Madikwe so powerfully unforgettable.

www.madikwesafarilodge.co.za

MARATABA SAFARI LODGE

Our group's next treat awaited us: Marataba Safari Lodge is situated an easy 4-hour drive from Johannesburg International Airport (or you can fly into their air strip if you choose). It is in the northern area of South Africa in a picturesque setting. The magnificent Waterberg Mountains surround the reserve and make it an ideal

environment for the animals.

We fell in love with our luxury tents – which felt sturdy and safe. Every detail has been thought of and the décor at Marataba is stunning in its classical good taste. Claw tubs with aromatic bath salts put a new dimension on bath-time relaxation – and the whole environment invited us to exhale deeply and listen to nature's sounds. For those of us who needed to keep on top of our businesses, American plugs had been installed in our suites, and Wifi was speedy and efficient – so we never felt disconnected.

The animal sightings at Marataba knocked our socks off – literally. Darryn and Michelle took us into territory where we thought we were dreaming. On one of our night safaris we witnessed the exceptionally rare sight of a magnificently large lioness mating with her equally magnificent male. So enraptured were they by each other that they were oblivious to



Lion cub stares at us from behind a spider web while mom sleeps



The Nel family on night safari with us, Madikwe Safari Lodge



Noah Eubanks & Deborah James



The Moore family at Madikwe

our presence at their honeymoon.

Each meal at Marataba was creatively and thoughtfully orchestrated. Evenings were particularly incredible with tables under the twinkling African stars, beautiful lanterns, and an ambience uniquely special. The food matched the ambience – for sure.

Most Americans come to Africa to see the Big Five: Lion, Elephant, Rhino, Leopard and Buffalo. We saw everything – up close – except for the elusive Leopard. Darryn was at the helm of our Land Cruiser and on our final night, he was determined to get us close to a Hippo. Having thrilled us by expertly driving our vehicle across a waterfall earlier that day, he angled us into high grass and muddy waters – absolutely determined to find the last request on our bucket list. We watched him with childlike joy – and marveled at the magnanimous effort that every single staff member on Safari showed. It is 10-star service with a huge smile – always! Claudia: we will never forget what you did for us. Exemplary human characteristics were in abundance on both Safaris.

But on a profound note, here is what Africa does for one: it powerfully reminds us of the perfection of nature. It inspires awe and reverence for the animals – and a deep, visceral understanding of their place in this world. I witnessed a sense of absolute peace on the faces of the people in our group. Nobody can adequately describe the impact of an African Safari until you have personally experienced it. There's a sense of 'coming home' and an uncomplicated understanding of the order of life.

www.marataba.co.za 



Cheetah at Madikwe



Night Safari at Marataba- Male Lion mating with his female

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